

A Childfree Happily Ever After

Why women are choosing not to have children

BRISBANE, QLD, AUSTRALIA, March 3, 2018 /EINPresswire.com/ -- 'A [Childfree](#) Happily Ever After' - a book about women's choices and why more women are making the decision to now have children.

Child free Brisbane writer, businesswoman and digital marketer Tanya Williams has written a book, titled 'A Childfree Happily Ever After' to offer a positive message empowering child free women.

'A Childfree Happily Ever After' is a story about women's choices and their consequences; that their decision to be child free is valid while also addressing the topics around society's judgement of women, bullying, equality, discrimination, stereotyping and education. William's book aims to bring this conversation to life for women across the world.

'Child free' refers to those women who do not have, or do not want to have, children - whether biological or adopted. The "no kids for me" dialogue is currently sweeping across the globe, with Millennial-focused media recognising this emerging mindset and powerful celebrities endorsing it, from Jennifer Aniston to Cameron Diaz to Betty White - and many more. Up to 24% of Australian women are choosing to be child free*; a soaring societal trend, as women make the decision that children will not feature in their future – and they're refusing to apologise for it any longer.

“

womanhood does not have to equal motherhood”

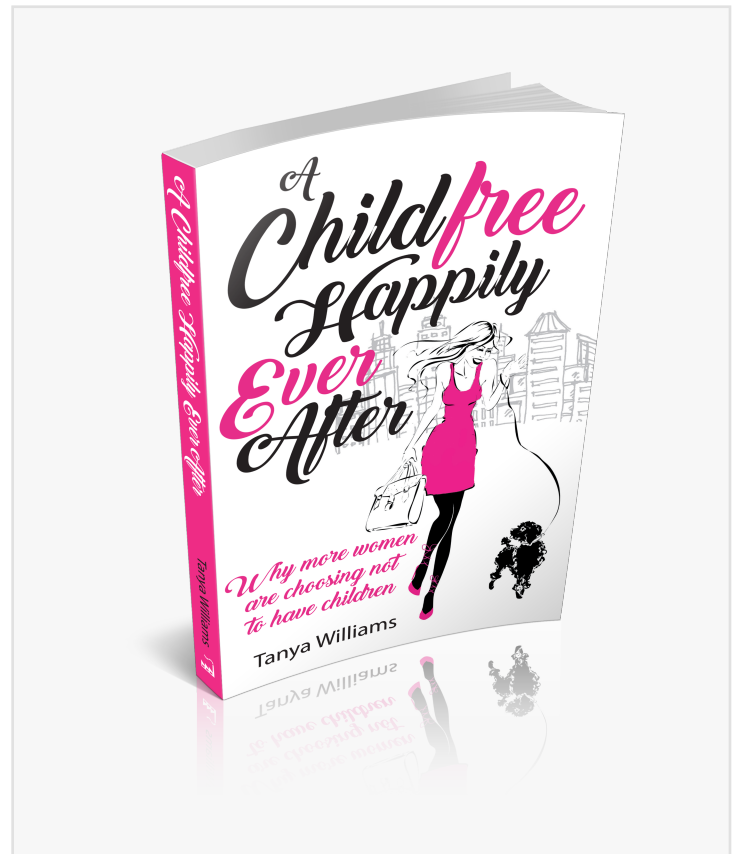
Tanya Williams

'A Childfree Happily Ever After' is not just for women who choose to be child free. It is also a story about the different choices women have available to them, and the consequences of these decisions.

“Words have power, and this book has the power to challenge and change how we think about women and their choices. We recognise that it is a woman's right to choose what is right for her own life” Williams says.

Williams was inspired to write the book following some very passionate and aggressive comments made on social media about the topic. “I made the choice not to have children many years ago and I thought I was a rare breed in the world.

I decided to share my story and the stories of women like me in a book, because for years we have



been subject to judgement, being treated differently and being judged as lesser women by society, families and other women. I say enough. This book talks about the C words: Chicks and their Choice," she said.

The book is a field guide, an anthropological study into why we feel the pressure to have kids and the different factors that influence our decisions. It's intended to shed some light onto why you might feel the way you do, and help you reconnect with your authentic self and what you really want.

Details on the book, which is now available for pre-sale can be found here >
<http://www.digitalconversations.com.au/achildfreehappilyeverafter>

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