

Jenny Deady Rising Star Practitioner to be Featured on CUTV News Rad

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[/EINPresswire.com/](http://EINPresswire.com/) -- Trees shed their leaves and grow new ones for a reason. People, on the other hand, tend to hold on to everything and keep it inside. Mindfulness and energy healing can help you to release thoughts and emotions that no longer serve us. A dream of spring.

Jenny Deady is an energy healer specializing in The Rising Star Healing System. The Rising Star is an extraordinarily powerful energy healing modality that directs energy through a client's chakra system.

"Our best healer is ourselves," says Jenny. "The Rising Star is probably the most complementary healing system in the world. It raises the vibration of our energy field and the field around every living thing. It's much more powerful in how it can move you forward and heal."



Science has proven that everything is energy. With both humans and animals, energy fields operate inside and outside our bodies. All disease begins on an energetic level. In fact, many of our physical ailments are the result of something that's askew in our energy systems and in our energy field.

Rising Star directs the energy from source to the source within the client. What happens next can only be described as a transformation.

"I had always been someone who suffered from anxiety, worry, stress, a lot of irrational fear," recalls Jenny. "I went for the Rising Star healing session myself and I literally could feel everything shift and change. My perception started to change. I started to feel better. A lot of blocks that were holding me back were released. I felt lighter. I knew immediately that this was amazing. I basically was transformed by this system. I haven't looked back."

Today, Jenny is a true advocate for wellness through alternative healing modalities. She is also a practitioner of Prema Birthing, the sister healing system of The Rising Star, that breaks the cords that connect us with agreements we made before we came into this world. With Prema Birthing, you almost feel like you're being reborn, but reborn into your true self, into love, so you can start anew.

“I believe we need to work together with Western or allopathic medicine to heal everybody on a holistic level,” says Jenny. “I want to introduce people to methods that actually benefit them or heal them and alleviate some of their problems before they need to be further treated or take medication. I want to bring greater awareness to this modality and how helpful and beneficial it can be, so people can see it for themselves and know that there are alternatives, there are options.”

CUTV News Radio will feature Jenny Deady in an interview with Jim Masters on March 7th at 4pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

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