

Carol Tieso Creative Coaching to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- In higher education, just because you're a great professor, does not mean you will should be the dean. That's true of any field. The set of skills are not the same. To be an effective leader, you must have intuition, self-awareness and sense of empathy. Otherwise, you may not get the kind of results you want.

Dr. Carol Tieso is professor of educational psychology at the College of William & Mary, an Advanced Certified Personal and Executive Coach (ACPEC), and founder of Carol Tieso Creative Coaching. Carol Tieso's Creative Coaching works with individuals in higher education and non-profits organizations who are seeking to improve their emotional intelligence through a positive psychology strength-based approach.



"I chose "Creative Coaching" as the name of my practice because I wanted to make sure there was a positive, pro-active feeling to whatever kind of coaching relationship we share," says Dr. Tieso. "Whether it's counseling, therapy, or coaching, we tend focus on trying to fix what's wrong. My background in gifted education is all about talent. Let's find out what the best things about you are, what your strengths and talents are. And then let's use those to address some of the challenges you have."

Dr. Tieso has mentored gifted and creative individuals for more than 30 years, working with gifted children, their teachers, and now graduate students and adults.

"Some of my clients have been in higher education for a long time," says Dr. Tieso. "The more I listened to them, the more I came to realize that their characteristics of giftedness could be what was causing some issues for them."

"What I found is that what's really getting in the way for them is a kind of perfectionism. They have very high expectations for themselves and they often try to impose those expectations on others. Part of that has to do with a very strong sense of right and wrong, but others may not have those same expectations. And that's where frustration sets in. To reach their goals, they may have to deal with some of these issues that trigger these reactions. What I'm trying to do is help them to see this and

learn to cope with it, not reacting, but responding.”

Dr. Tieso’s coaching is based on whatever her clients’ needs are, but those needs are generally based around developing greater self-awareness and emotional intelligence.

“From my own perspective, I wasn’t always very self-aware. It was a real learning experience,” says Dr. Tieso. “Ninety percent of the issues I dealt with as an administrator were interpersonal issues. They were not issues of curriculum or teaching or classes. I had to deal with faculty-to-faculty, faculty-to-administrator, and faculty-to-student issues. Relationships. If you’re not good at that, that’s where I think a coach can really help you.”

CUTV News Radio will feature Dr. Carol Tieso in an interview with Jim Masters on March 13th at 1pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Carol Tieso, visit www.caroltiesocreaticocoaching.com.

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