



# Naples, Florida FFS Clinic, Palm Beach Plastics, Offers Forehead Contouring for a More Feminine Look

*Facial feminization surgeons at Palm Beach Plastics offer forehead contouring as part of their series of feminization procedures.*

JUPITER, FL, USA, March 28, 2018 /EINPresswire.com/ -- During a transgender woman's transition, she will have several options when it comes to achieving a feminine face. Things like fillers and lip augmentation can go a long way, but a large forehead can make women appear more masculine. Dr. Vartan Mardirossian at [Palm Beach Plastics](#) offers [forehead contouring](#) surgery to help soften the face and provide a more feminine look.

Women's foreheads and brows are often oval-shaped. This allows natural light to filter into the eyes, which makes them more noticeable – and more feminine. Men's foreheads are usually larger, and their brows are far more prominent. This makes their eyes appear smaller and not as noticeable. Women who are in transition often focus on their eyes and undergo procedures designed to make them appear larger, brighter, and more feminine. Forehead contouring can reduce the size of the forehead and the prominence of the brow to provide that effect.

There are a few different ways to feminize the forehead area. These include shaving down excess bone, filling the area at the top of the bridge of the nose to reduce the concave appearance, and even forehead reconstruction, which seeks to remodel the forehead altogether and provide the best possible results. The procedure takes a few hours at most, depending on the one that is right for the patient, and each patient will likely spend one night in the hospital for observation and pain management purposes.

After the procedure, patients will wake to dressings wrapped around their heads and stitches tucked into the hairline to make them less noticeable. The stitches will be removed in seven days, and patients may notice some swelling that lasts from a couple days to about a week. Discomfort is likely, but you will receive prescription painkillers. Most patients can return to work and resume their regular activities in one to two weeks. While the forehead and brow area will appear normal in anywhere from seven to 14 days as the swelling subsides, some patients experience some numbness in the forehead region that can last up to three months.

If you are interested in learning more about forehead contouring or any of the other services offered by Palm Beach Plastics, you can [schedule your consultation](#) by visiting the Palm Beach Plastics website and filling out the contact form. You may also call 561-624-0900.

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