

Author and Advocate Lisa Zarcone to be Featured on CUTV News Radio

SPRINGFIELD, MASSACHUSETTS, UNITED STATES, March 30, 2018 /EINPresswire.com/ -- How amazing is it for a young girl to suffer horrid abuse at the hands of a mentally ill mother, then grow up to tell people “Whatever life gives you, just Embrace the Journey”! This is the kind of strength and positivity that make Lisa Zarcone a respected speaker, state representative for the National Association of Adult Survivors of Child Abuse (NAASCA), widely-read memoirist, and social media favorite.

Lisa published her book *The Unspoken Truth* in late 2016, and it hasn't had a no-sale month yet. The book is available through all major online retailers and showcased in bookstores and libraries close to her Massachusetts home (like Amherst, North Hampton, Springfield and Great Barrington) and as far away as Lomita, California. It is Lisa Zarcone's personal and raw story, told uniquely through her young voice, as seen through her disbelieving eyes. It is the burning account she had to write—as part of her own ongoing healing, and so others who suffered through such bizarre events would know they are not alone -- and they can rise above it.



Raising awareness is very important to Lisa. She grew up at a time she refers to as the silent era, when mental illness and child abuse existed, but no one spoke of them. They were rarely identified nor reported by school officials. By telling her story, and hopefully getting the book into the hands of educators, counselors and colleges with psychiatric programs, she hopes to spread the word and extend its influence. Lisa has also raised awareness as a member of NAASCA, and as a speaker and blogger. She connects with others who have suffered similar tragedies, bonds with them, and passes out daily inspirations. Lisa currently has about 2000 followers on Facebook, and nearly double that number on Twitter. Her Amazon Author Central page (link above/below) also draws a lot of visitors.

During her troubled childhood, Lisa used her artistic talents to help her cope with what was going on. She drew pictures, and wrote (and still writes stories and poetry), and also found solace in nature. There's a lovely part of her memoir that tells of a night outside under a pine tree, and how the cracklings around her lulled little Lisa to sleep.

Besides her writing career, Lisa has worked as a caregiver for children and adults with disabilities. In

one lockdown facility for teens she taught journal writing and various art therapy programs. Lisa stepped away from the workforce to raise her two young grandchildren, one of whom (Phoebe) has inspired a new children's book series. Part of what they will relate in their adventures, is that not all families are the same (some might be with a Memah) and that being different is okay.

Lisa's mindset and determination ensure she will keep bringing things to light, help others understand and cope, and push ever forward. As one reviewer on her Amazon.com author page says "her ability to survive, as well as thrive from her silent world of treachery, truly is an incredible journey -- filled with such inspiration and never-ending hope."

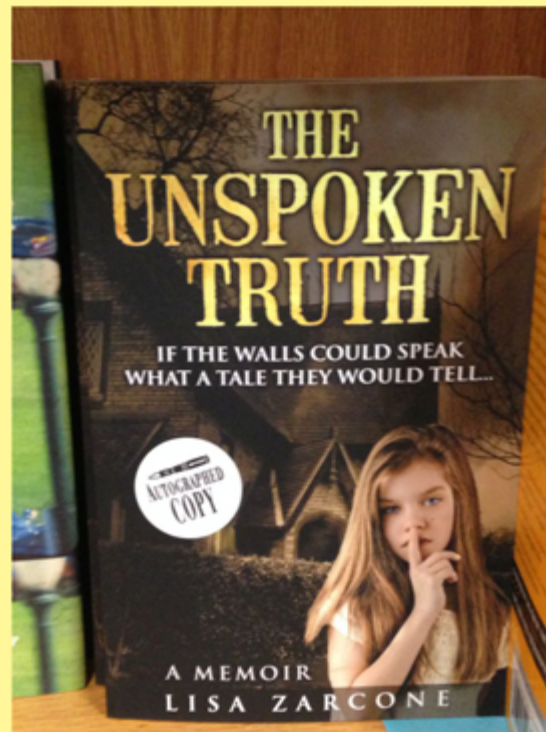
CUTV News will feature author and advocate Lisa Zarcone in an interview with Jim Masters on April 3rd and Doug Llewelyn on April 10th at 11:00am EST.

Listen to the show on [BlogTalkRadio](#)

If you have questions for our guest, please call (347)996-3389

To learn more about Lisa and her book visit her author page at <https://www.amazon.com/Lisa-Zarcone/e/B01MU268HL/> or follow #truthOWNit on Twitter.

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