

Las Vegas Celebrates Corporate Wellness at 2018 Spring Fit Company Challenge

Teams from companies in Las Vegas show the impact of their wellness programs by training for and conquering a 3-course fitness challenge hosted by Fit Company.

LAS VEGAS, NEVADA, USA, April 4, 2018 /EINPresswire.com/ -- On March 22, 2018 participants from companies located in the Las Vegas area took part in the Fit Company Challenge, a corporate wellness event hosted by the Fit Company Institute. The challenge provided area companies an opportunity to come together as a team and spend a morning exercising, pushing their physical and mental limits and showing the importance of living a healthy lifestyle. Companies split their team into squads of 3 to 4 people who worked together to complete a variety of fitness stations to challenge their fitness level and earn points for their company. Teams chose what level to go through each course which allowed participants of all fitness levels to push their physical fitness without going too far out of their comfort zone.

On event date, volunteers assisted the contenders through the courses from Camp Rhino (crossfitupperlimit.com).





Participants challenged their strength, conditioning, power, agility, and ended with a test of endurance to show their companies and colleagues that they practice what they preach.

The challenge was held at Sunset Park, located a short drive from downtown Las Vegas.

The following is a list of the top finishers in Las Vegas that participated in the 2018 Fit Company Challenge:

Top Companies by Division

Medium Division

Get Fresh

Small Division Cenegenics St. Jude's Ranch for Children Limitless USA

Top Teams Overall (Based on Total Points)

- 1) Get Fresh #2061
- 2) Get Fresh #2063
- 3) St. Jude's Ranch for Children #2067 (Tie)
- 3) St. Jude's Ranch for Children #2069 (Tie)
- 5) Get Fresh #675 (Tie)
- 5) Get Fresh #2062 (Tie)
- 7) Cenegenics #2058
- 8) Cenegenics #2059
- 9) Limitless USA #2072
- 10) Cenegenics #2057
- 11) Limitless USA #2070
- 12) Cenegenics #2060
- 13) Get Fresh #2064
- 14) Limitless USA #2071
- 15) Get Fresh #2065 (Tie)
- 15) St. Jude's Ranch for Children #2068 (Tie)

Top Teams By Course

Course 1 – Level 2

- 1) #2061 Get Fresh
- 2) #675 Get Fresh
- 3) #2063 Get Fresh
- 4) #2062 Get Fresh

Course 1 - Level 1

- 1) #2058 Cenegenics
- 2) #2069 St. Jude's Ranch for Children
- 3) #2057 Cenegenics
- 4) #2067 St. Jude's Ranch for Children

Course 2 – Level 2

- 1) #2069 St. Jude's Ranch for Children
- 2) #2067 St. Jude's Ranch for Children
- 3) #2072 Limitless USA (Tie)
- 3) #2061 Get Fresh (Tie)



Course 2 - Level 1

- 1) #2070 Limitless USA
- 2) #2059 Cenegenics
- 3) #2058 Cenegenics
- 4) #2060 Cenegenics

Course 3 - Level 2

- 1) #2061 Get Fresh
- 2) #2067 St. Jude's Ranch for Children
- 3) #2063 Get Fresh

Course 3 – Level 1

- 1) #2062 Get Fresh
- 2) #2072 Limitless USA
- 3) #2069 St. Jude's Ranch for Children
- 4) #675 Get Fresh (Tie)
- 4) #2058 Cenegenics (Tie)

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This press release can be viewed online at: http://www.einpresswire.com

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