

San Diego Celebrates Corporate Wellness at 2018 Spring Fit Company Challenge

Teams from companies in San Diego show the impact of their wellness programs by training for and conquering a 3-course fitness challenge hosted by Fit Company.

SAN DIEGO, CALIFORNIA, USA, April 4, 2018 /EINPresswire.com/ -- On March 24, 2018 participants from companies located in the San Diego area took part in the [Fit Company Challenge](#), a corporate wellness event hosted by the Fit Company Institute. The challenge provided area companies an opportunity to come together as a team and spend a morning exercising, pushing their physical and mental limits and showing the importance of living a healthy lifestyle. Companies split their team into squads of 3 to 4 people who worked together to complete a variety of fitness stations to challenge their fitness level and earn points for their company. Teams chose what level to go through each course which allowed participants of all fitness levels to push their physical fitness without going too far out of their comfort zone.

On event date, volunteers assisted the contenders through the courses from NXPT (www.nxptfit.com). Participants challenged their strength, conditioning, power, agility, and ended with a test of endurance to show their companies and colleagues that they practice what they preach.

The challenge was held at Nobel Athletic Fields, located a short drive from downtown San Diego.

The following is a list of the top finishers in San Diego that participated in the 2018 Fit Company Challenge:

Top Companies by Division

Large Division



- 1) Reliant Funding
- 2) Seacoast Commerce Bank
- 3) ICW Group
- 4) LeaseLabs
- 5) Buffini and Company

Medium Division

- 1) Host Healthcare
- 2) Viejas Casino & Resort

Small Division

- 1) Cadence
- 2) USE Credit Union
- 3) Cumming

Micro Division

- 1) Prometheus Laboratories Inc.
- 2) Bofl Federal Bank
- 3) Willis Towers Watson
- 4) CMR Risk & Insurance Services, Inc.



Top Teams Overall (Based on Total Points)

- 1) Reliant Funding - #2111
- 2) Willis Towers Watson - #2160
- 3) Cadence - #2164
- 4) Reliant Funding - #2109 (Tie)
- 4) Host Healthcare - #2133 (Tie)
- 6) Bofl Federal Bank - #2077 (Tie)
- 6) LeaseLabs - #2092 (Tie)
- 6) Reliant Funding - #2110 (Tie)
- 6) Seacoast Commerce Bank - #2145 (Tie)
- 10) Reliant Funding - #2114
- 11) Seacoast Commerce Bank - #2141
- 12) Prometheus Laboratories Inc. - #680 (Tie)
- 12) LeaseLabs - #2089 (Tie)
- 12) Reliant Funding - #2112 (Tie)
- 12) Seacoast Commerce Bank - #2143 (Tie)

Top Teams By Course

Course 1 – Level 2

- 1) #2109 - Reliant Funding
- 2) #2111 - Reliant Funding
- 3) #2110 - Reliant Funding
- 4) #2114 - Reliant Funding

Course 1 – Level 1

- 1) #2145 - Seacoast Commerce Bank
- 2) #2077 - Bofl Federal Bank

- 3) #2141 - Seacoast Commerce Bank
- 4) #2123 - ICW Group (Tie)
- 4) #2124 - ICW Group (Tie)

Course 2 – Level 2

- 1) #2135 - Host Healthcare
- 2) #2111 - Reliant Funding
- 3) #2164 - Cadence
- 4) #2110 - Reliant Funding

Course 2 – Level 1

- 1) #2077 - Bofl Federal Bank
- 2) #2124 - ICW Group
- 3) #2120 - ICW Group
- 4) #2145 - Seacoast Commerce Bank

Course 3 – Level 2

- 1) #2129 - ICW Group
- 2) #680 - Prometheus Laboratories Inc. (Tie)
- 2) #2160 - Willis Towers Watson (Tie)
- 4) #679 - Prometheus Laboratories Inc. (Tie)
- 4) #2111 - Reliant Funding (Tie)
- 4) #2133 - Host Healthcare (Tie)

Course 3 – Level 1

- 1) #2164 - Cadence
- 2) #2090 - LeaseLabs
- 3) #2141 - Seacoast Commerce Bank
- 4) #2130 - CMR Risk & Insurance Services, Inc.

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This press release can be viewed online at: <http://www.einpresswire.com>

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