

'Brew up for your local heart charity this spring!'

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/EINPresswire.com/ --

How can every tea party you hold this Spring could save many lives throughout Wales? In the event of a cardiac arrest, a [Defibrillator](#) significantly increases the rate of survival when CPR is also administered. With the majority of cardiac arrests occurring outside of the hospital, it is essential that this lifesaving equipment is publicly available to all local communities.

By holding a tea party, bake sale or coffee morning, communities can help raise funds and more importantly awareness about the importance of Defibrillators in our local communities.

BBC Welsh correspondent and presenter Sian Lloyd is helping

spearhead an all-Wales tea party campaign to save lives in Wales in collaboration with Welsh Hearts Charity.



Wales' Biggest Tea Party

“

The one thing we love in Wales is our tea so why not help Welsh Hearts raise much needed funds to place community defibrillators and hold heart screening sessions throughout Wales!”
Sian Lloyd - BBC

Sian said 'The one thing we love in Wales is our tea so why not be a part of Wales' Biggest Tea Party and help Welsh Hearts raise much needed funds to place community defibrillators and hold [heart screening](#) sessions throughout Wales!'

The charity is inviting everyone to invite friends and colleagues together in the workplace, school or community to hold their own tea party, bake sale or coffee morning. A fundraising pack has also been prepared to support interested individuals and groups to make the most of their community based event.

Every penny raised will stay in Wales, and will directly

benefit local communities. To download a free fundraising pack visit <http://welshhearts.org/teaparty>.

Sian is encouraging everyone in Wales to also hold a tea party this spring for the charity Welsh Hearts! She will also be asking her colleagues in the BBC Wales newsroom to raise a mug or two for this great Welsh cause!

Sharon Owen, Charity Director said, "Our mission is to continue promoting and protecting the heart health of our local communities. When local communities join our cause, it means we can

continue our life-saving work across the whole of Wales. We would love to invite everyone to hold tea parties and bake sales to raise money and awareness for this initiative.”

-Ends-

NOTES TO EDITORS

Welsh Hearts | Calonnau Cymru is a leading heart charity in Wales, founded by Sharon Owen in 2013. Following a routine check-up with a GP at the age of 11, she was told she had a heart murmur; this serves as her inspiration to set up the charity.

Welsh Hearts is saving lives across Wales by placing over 900 defibrillators, providing CPR training to over 36,000 people and organising regular screening events within local communities. We are regarded as the heart charity at the centre of saving lives in Wales. Our vision is to create a future where nobody in Wales dies prematurely from heart disease. Welsh Hearts has been established as a fundraising organisation to help save lives in Wales.

Registered Charity number 1154109

www.welshhearts.org

Sharon Owen
Welsh Hearts
02922402670
[email us here](#)



Sian Lloyd BBC presenter



Wyburn and Wayne Cardiff Times supporting Wales' Biggest Tea Party

This press release can be viewed online at: <http://www.einpresswire.com>

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