

Costa Rica and Guatemala Best Dentists: Goodness Dental Joins Sjogren's Syndrome Foundation

April is Sjogren's Syndrome Awareness Month. Goodness Dental educates patients and improves the quality of life for patients suffering from Sjogren's Syndrome.

NEW YORK CITY, NEW YORK, USA, April 9, 2018 /EINPresswire.com/ -- [Goodness Dental](#) was recently accepted as a member of the Sjogren's Syndrome Foundation, the leading non-profit organization dedicated to helping patients manage and minimize the effects of Sjogren's Syndrome (pronounced SHOW-grins). Goodness Dental, a global leader in affordable dental care for patients with Sjogren's Syndrome offers progressive treatments for patients that suffer from extreme dental decay due to this debilitating autoimmune disease.



Typical Dental Damage from Sjogren's Syndrome

April is Sjogren's Syndrome Awareness Month. Goodness Dental hopes to educate patients about the dental challenges resulting from Sjogren's and to offer affordable solutions to improve the quality of life for patients suffering from the symptoms associated with this disease.

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THANK YOU from the bottom of my heart. Your skill & experience got us through. You have made me smile again. There are no words to describe how thrilled I am. I finally have the smile I always wanted.”

Kathy (Sjogren's Syndrome Patient) from NH

Sjogren's syndrome is a chronic autoimmune disease that overproduces B lymphocytes (a type of white blood cells) that attack and destroy moisture-producing glands all over the body. Dry eyes and dry mouth are the telltale signs of Sjogren's Syndrome, which can also cause damage to the kidneys, lungs, liver, pancreas, and the central nervous system. Extreme fatigue, as well as muscle and joint pain, are also symptoms of this disease. Patients with Sjogren's Syndrome often suffer from numerous dental problems resulting from chronic dry mouth.

While Sjogren's can affect almost every racial and ethnic group, the National Institutes of Health reports that the disease is most common in women ages 40 to 50. In fact, nine out of ten patients diagnosed with Sjogren's are women. More than four million Americans suffer from Sjogren's Syndrome, making it one of the most common autoimmune disorders in the USA.

Decreased saliva flow in Sjogren's patients causes problems that can pose a serious threat to oral and dental health. Saliva plays a significant role in maintaining a healthy mouth by breaking down foods in the mouth and washing away food and particles from your teeth and gums. Saliva also helps protect your mouth and fights cavities and other oral infections, by infusing teeth with high levels of calcium, fluoride and phosphate ions. The Journal of the American Medical Association states, "Reduction of salivary volume and subsequent loss of the antibacterial properties of saliva may accelerate infection, tooth decay, and periodontal disease."

Many patients with Sjogren's Syndrome report high levels of dental infection and the decay or loss of most teeth. The inability to produce saliva results in the continual breakdown and decay of teeth, resulting in a severely degraded oral condition that can impact the patient's ability to eat and receive proper nourishment.

Costa Rica and Guatemala have become leading destinations for patients with Sjogren's Syndrome due to the many successful cases of patients treated at Goodness Dental with locations in Costa Rica and Guatemala. An American-owned dental clinic with a reputation as a leading clinic for dental implants, All on 4 dental implants and full mouth restorations, Goodness Dental has become a globally recommended clinic for patients with Sjogren's Syndrome.

A highly specialized protocol that involves periodontists, prosthodontists, endodontists and maxillofacial surgeons helps patients achieve a full, healthy smile that can endure the symptoms that plague Sjogren's sufferers. Full mouth restorations or the All on 4 dental implants procedure can cost \$50,000-\$75,000 in the USA. These costs are not covered by insurance, making it virtually impossible for most Sjogren's Syndrome patients to afford quality dental care in the USA. In Costa Rica and Guatemala, Goodness Dental patients report spending an average of \$20,000 to \$25,000 for a full mouth solution.

The Sjogren's Syndrome dental restoration protocol includes personal one-on-one attention with leading specialists with years of experience managing the unique and often demanding needs of Sjogren's patients. American patients report that Goodness Dental exceeds the level of care,



**GOODNESS
DENTAL**



Elated Patient Hugs Doctor at Goodness Dental in Costa Rica

professionalism and service available anywhere in the USA.

Read a patient review from Kathy from New Hampshire. (Courtesy of CostaRicaDentalGuide.com)
“After years of watching my teeth decay and crumble apart because of several medical conditions, the search was on. Little did I know that the cost of dental implants would be so high in the United States.

When I found Dr. Peter Aborn (with Goodness Dental), I immediately connected with him. Knowing that they use the newest technology available and knowing that the doctors come to the US to train was also very comforting to me.

The entire staff at Goodness Dental was working on my case well before we went down. We found everyone at Goodness Dental to be true professionals. They took the time to answer my questions and explain everything making us feel comfortable and confident in our decisions. They are definitely experts in what they do! Everyone at Goodness Dental is so friendly and caring and they go out of their way to make me comfortable and relaxed. They care about every patient and do everything they can to help them achieve a beautiful healthy smile. They truly do make you feel like family.

THANK YOU from the bottom of my heart. Being a complicated (Sjogren's Syndrome) case...your skill and experience got us through. You have made me smile again...and that makes me happy. There are no words to describe how thrilled I am with the results. I finally have the smile I always wanted.”

Goodness Dental is accredited and is ranked as the #1 dental clinic in Costa Rica by [Global Clinic Rating](http://GlobalClinicRating.com) and CostaRicaDentalGuide.com . Goodness Dental is also ranked as the best dental clinic in Guatemala by GuatemalaDentalGuide.com. Goodness Dental is a member of the Sjogren's Syndrome Foundation and is the only clinic in Costa Rica or Guatemala qualified to treat patients with Sjogren's Syndrome.

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