

Margaret Z. Taylor to be Featured on CUTV News Radio

URBANDALE, IOWA, UNITED STATES, April 20, 2018 /EINPresswire.com/ -- Life can and should be fun, full of love, laughter, happiness and good health. It doesn't matter what your situation is today, you can change your wellbeing, health, happiness, opportunities simply by choosing a new path and allowing your new self to begin.

We have become so disconnected from ourselves, each other, nature and from Creator, that stress, anxiety and so many health problems of every kind have become commonplace. Many times, the mainstream treatment options create even more health problems. Thankfully there are other options to help us enhance our overall wellbeing.

Margaret Z. Taylor is an energy healer and Certified Vibrational Sound Therapist with extensive training and experience in Shamanic healing techniques, Reiki and other energy healing modalities. Margaret utilizes guided imagery, vibrational sound therapy and other healing methods to enable you to receive healing and guidance from Divine Creator.



"I'm the facilitator between Creator and those asking for help," says Margaret. "My work is about helping people let go of all the unhealthy energy stored inside from all the stress, anxiety, pain and fears from all the small and big events in your life. You may think you've let go of all of it because you can't feel it at the surface and yet if you hid it deep inside, it's still there and may create problems that manifest in the future."

Each client chooses their goal for a session. This might be a short term or single session goal such as healing a migraine, the flu, a panic attack, back or neck pain or to receive guidance around a specific question. Other goals can include healing physical, emotional and spiritual injury from traumatic events, loss of loved ones, abuse, or major life changes. Clients have asked to be shown options about choices being considered, how to move a dream into reality or to release blocks around whatever they are wanting to bring into their life.

"My experience has been that being taken care of by Creator is always a beautiful, loving, peaceful experience. It may not all be done at once—it can be a multi-layered process—and each time their hearts feel more whole, their Spirit is stronger. They feel more empowered and peaceful. It's just

beautiful.”

We all know music can uplift us. Margaret incorporates vibrational sound therapy in her sessions.

“The bowls are designed for vibration to go down into your body and the tones are very soothing,” says Margaret. “The goal of the session is for you to relax completely - even fall asleep because that is when deep healing occurs. The vibrations open your physical self to let go of unhealthy energies that block the bodies’ natural flow. All of the bodily systems - musculoskeletal, nerves, endocrine, vascular, brain - can benefit”

Margaret says even if a client is unable to relate to energy healing or guided meditation, they can connect with sounds and vibration and accomplish wonderful, deep healing for themselves.

“It’s really rewarding to be able to help people see themselves through their experiences, and let go of the energies around guilt, pain, anger, trauma and see things in different lights, to forgive and receive forgiveness,” says Margaret. “It’s always been part of me, wanting to lift people up and help them believe in their dreams and find ways to make them happen. In the past, I limited myself into a much smaller box than what I was really capable of, so I understand that perfectly. It’s so much fun to help people tear down that box and explore their dreams and make them happen.”

CUTV News Radio will feature Margaret Taylor in an interview with Jim Masters on April 23rd at 1pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Margaret Z. Taylor, visit www.MargaretZTaylor.com.

Lou Ceparano



CUTV News
(631) 850-3314
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2018 IPD Group, Inc. All Right Reserved.