

New York Academy of Medicine, honors Dr. Ruth Watson Lubic, RN, CNM, Ed.D, as the 2018 Urban Health Equity Champion .

WASHINGTON, DC, UNITED STATES, April 26, 2018 /EINPresswire.com/ -- Washington, DC, April 26, 2018 - New York Academy of Medicine is proud to honor Dr. Ruth Watson Lubic, RN, CNM, Ed.D, as the Urban Health Equity Champion at the Annual Gala on June 12, 2018, at Cipriani, 25 Broadway, New York.

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As a passionate advocate for health equity, especially on behalf of low income women and women of color, your presence will help us elevate the conversation about the profound disparities in health." *Kimber Bogard* MacArthur Foundation recognized Ruth Lubic, a nursemidwife, has had a significant influence on the delivery of maternity care and child health care in the United States.

Lubic has promoted midwives as the primary providers of maternity care (with physician back-up) as an effective and less costly alternative to the physician-based care commonly practiced in the United States. Widely used throughout the industrialized world, this model helps place quality services within reach of underserved, low-income populations. An advocate for such innovations as freestanding birthing

centers, Lubic is respected for her equal dedication to the quality of care and family empowerment. She has also instituted a program for new families in inner-city Washington, D.C.

Lubic is the founder and president emeritus of D.C. Developing Family Center. She was the general director of the Maternity Center Association for twenty-five years, and, in 1983, she founded its offshoot, the National Association of Childbearing Centers. In 1995, she was appointed an expert consultant in the Office of Public Health and Science, U.S. Department of Health and Human Services. In addition to numerous articles, she is the co-author of Childbearing: A Book of Choices(1987).

"As a passionate advocate for health equity – especially on behalf of low-income women and women of color -- your presence will help us elevate the conversation about the profound disparities we are facing in health," said Kimber Bogard, Ph.D., Senior Vice President, Strategy, and Programs, The New York Academy of Medicine.

The New York Academy of Medicine has a 171-year history of driving change to advance health equity. Our work ranges from on-the-ground programs in under-resourced areas of New York City such as East Harlem, policy initiatives that address the social determinants of health at the city, state, national and international levels, a world-class historical collection on health and medicine and a vibrant Fellows program. Health equity remains the core of our mission.

Dr. Ruth Watson Lubic is a member of the Board of Directors of the Thomas Gaiter Foundation, a <u>non-profit</u> organization dedicated to the <u>education</u> and health of all people. <u>thomasgaiterfoundation.org</u>

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