

Austin Celebrates Corporate Wellness at 2018 Spring Fit Company Challenge

Teams from companies in Austin show the impact of their wellness programs by training for and conquering a 3-course fitness challenge hosted by Fit Company.

AUSTIN, TEXAS, USA, May 1, 2018 /EINPresswire.com/ -- On April 21, 2018 participants from companies located in the Austin area took part in the [Fit Company Challenge](#), a corporate wellness event hosted by the Fit Company Institute. The challenge provided area companies an opportunity to come together as a team and spend a morning exercising, pushing their physical and mental limits and showing the importance of living a healthy lifestyle. Companies split their team into squads of 3 to 4 people who worked together to complete a variety of fitness stations to challenge their fitness level and earn points for their company. Teams chose what level to go through each course which allowed participants of all fitness levels to push their physical fitness without going too far out of their comfort zone.

On event date, volunteers assisted the contenders through the courses from BSA Sports ([bsa-sportslab.com](#)), and RightFit Personal Training ([www.rightfitpersonaltraining.com](#)).

Participants challenged their strength, conditioning, power, agility, and ended with a test of endurance to show their companies and colleagues that they practice what they preach.

The challenge was held at the Austin Athletics Office Multipurpose field, located a short drive from downtown Austin.

The following is a list of the top finishers in Austin that participated in the 2018 Fit Company Challenge:



Top Companies by Division

Large Division

- 1) Gerson Lehrman Group

Medium Division

- 1) Hayes Software Systems
- 2) RBFCU
- 3) Velocity Credit Union
- 4) TCOR Management

Small Division

- 1) The Burt Group
- 2) Accruent
- 3) ERCOT
- 4) Red Velvet Events

Micro Division

- 1) Feniex Industries
- 2) Build A Sign
- 3) HGR Industrial Surplus
- 4) vcfo



Top Teams Overall (Based on Total Points)

- 1) Hayes Software Systems - #2283
- 2) Hayes Software Systems - #2282
- 3) The Burt Group - #2196
- 4) ERCOT - #2226
- 5) Accruent - #2203
- 6) Gerson Lehrman Group - #2243
- 7) Feniex Industries - #2205
- 8) Red Velvet Events - #2176
- 9) ERCOT - #2225
- 10) The Burt Group - #2198
- 11) HGR Industrial Surplus - #2274
- 12) Red Velvet Events - #2175
- 13) Accruent - #2201 (Tie)
- 13) Hayes Software Systems - #2281 (Tie)
- 15) RBFCU - #2191 (Tie)
- 15) Surveying And Mapping, LLC - #2214 (Tie)
- 15) TCOR Management - #2230 (Tie)

Top Teams By Course

Course 1 – Level 2

- 1) #2283 - Hayes Software Systems
- 2) #2281 - Hayes Software Systems
- 3) #2282 - Hayes Software Systems
- 4) #2196 - The Burt Group

Course 1 – Level 1

- 1) #2177 - Red Velvet Events
- 2) #2176 - Red Velvet Events
- 3) #2175 - Red Velvet Events
- 4) #2179 - The Austin Diagnostic Clinic

Course 2 – Level 2

- 1) #2283 - Hayes Software Systems
- 2) #2196 - The Burt Group
- 3) #2201 - Accruent (Tie)
- 3) #2203 - Accruent (Tie)

Course 2 – Level 1

- 1) #2175 - Red Velvet Events
- 2) #2176 - Red Velvet Events
- 3) #2208 - People's Community Clinic (Tie)
- 3) #2278 - Alliance Abroad Group (Tie)

Course 3 – Level 2

- 1) #2282 - Hayes Software Systems
- 2) #2243 - Gerson Lehrman Group
- 3) #2205 - Fenix Industries
- 4) #2226 - ERCOT

Course 3 – Level 1

- 1) #2274 - HGR Industrial Surplus
- 2) #2194 - RBFCU
- 3) #2242 - Gerson Lehrman Group
- 4) #2203 - Accruent

Matt Barker
Fit Company Institute
888-994-9964
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

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