

Edible Ants can Help Combat the Study Drug Epidemic

An edible ant species from China is part of a viable alternative to unprescribed study drugs and it won't harm your health or land you in jail.

COLLEGE PARK, MD, UNITED STATES, May 10, 2018 /EINPresswire.com/ -- Unprescribed study drugs like <u>Adderall</u> have become an epidemic in the US. Depression, anxiety, hostility, sleeplessness, and paranoia are commonly reported with their usage. Getting caught with them is a felony and can jeopardize financial aid, and lead to expulsion. However, there are safe, effective and legal alternatives that many students aren't aware of.

StudyAll, a new energy/focus/motivation/pre-workout pill for students and young professionals, is one such <u>brain</u> supplement alternative. It was created by a student while attending the University of Maryland in College Park.

StudyAll's creator Joel Lerner stated, "StudyAll's star ingredient is an edible insect from China called Polyrhachis Ant. Approximately 80% of the world has edible insects in their diet as the nutritional profile is off the charts and insects are easily sustainable.

Polyrhachis Ant has more Zinc than any other living organism with the exception of perhaps one form of shellfish. Zinc aids in the production of our brain's Omega 3 fatty acids which are important for brain functioning. Zinc has proven useful in treating many mental and cognitive imbalances such as an inability to focus. It is sometimes used with people who have ADHD who do not respond well to stimulant medications.

Polyrhachis Ant contains 8-13 times the protein of duck, milk, chicken, beef, fish and mutton. It contains significant amounts of vitamins B1, B2, B12, D and E. Polyrhachis Ant contains more than 42% protein and provides 8 essential amino acids. It is also rich in more than 20 trace elements such as magnesium, calcium, phosphorus, iron, selenium, and especially Zinc.

Polyrhachis Ant also increases Adenosine Triphosphate (ATP) production. ATP provides the energy to power neurons in your brain. Increases in ATP concentrations have been known to enhance performance during high-intensity exercise.

Polyrhachis Ant also helps to increase and/or support normal Dopamine levels. Dopamine is known as the "motivation molecule." It shares this benefit with another of StudyAll's ingredients, a Nootropic known as Rhodiola Rosea. It is thought that both of these ingredients are what make the users of StudyAll Energy so motivated to finish what they start and to generally want to get things done.

In closing, Lerner exclaimed, "I'm excited to make StudyAll available to today's students, young professionals, and others. I sincerely believe it can make a difference one person at a time. This will be my legacy."

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