

Atlanta Celebrates Corporate Wellness at 2018 Spring Fit Company Challenge

Teams from companies in Atlanta show the impact of their wellness programs by training for and conquering a 3-course fitness challenge hosted by Fit Company.

ATLANTA, GEORGIA, USA, May 16, 2018 /EINPresswire.com/ -- On May 5, 2018 participants from companies located in the Atlanta area took part in the [Fit Company Challenge](#), a corporate wellness event hosted by the Fit Company Institute. The challenge provided area companies an opportunity to come together as a team and spend a morning exercising, pushing their physical and mental limits and showing the importance of living a healthy lifestyle. Companies split their team into squads of 3 to 4 people who worked together to complete a variety of fitness stations to challenge their fitness level and earn points for their company. Teams chose what level to go through each course which allowed participants of all fitness levels to push their physical fitness without going too far out of their comfort zone.

Participants challenged their strength, conditioning, power, agility, and ended with a test of endurance to show their companies and colleagues that they practice what they preach.

The challenge was held at Lake Claire Park, located a short drive from downtown Atlanta.

The following is a list of the top finishers in Atlanta that participated in the 2018 Fit Company Challenge:

Top Companies by Division



Small Division

- 1) Vanderlande
- 2) KNAPP Inc
- 3) Bryson Constructors Inc

Micro Division

- 1) Videa
- 2) TJFACT, LLC

Top Teams Overall (Based on Total Points)

- 1) Videa - #2391
- 2) Vanderlande - #2379
- 3) Bryson Constructors Inc - #2374
- 4) KNAPP Inc - #2383
- 5) Bryson Constructors Inc - #2375
- 6) Videa - #2392
- 7) Vanderlande - #2381
- 8) KNAPP Inc - #2385
- 9) Vanderlande - #2378 (Tie)
- 9) TJFACT, LLC - #2389 (Tie)
- 11) TJFACT, LLC - #2390
- 12) Vanderlande - #2380
- 13) KNAPP Inc - #2384
- 14) KNAPP Inc - #2386
- 15) Bryson Constructors Inc - #2398

Top Teams By Course

Course 1 – Level 2

- 1) #2374 - Bryson Constructors Inc
- 2) #2379 - Vanderlande (Tie)
- 2) #2391 - Videa (Tie)
- 4) #2384 - KNAPP Inc

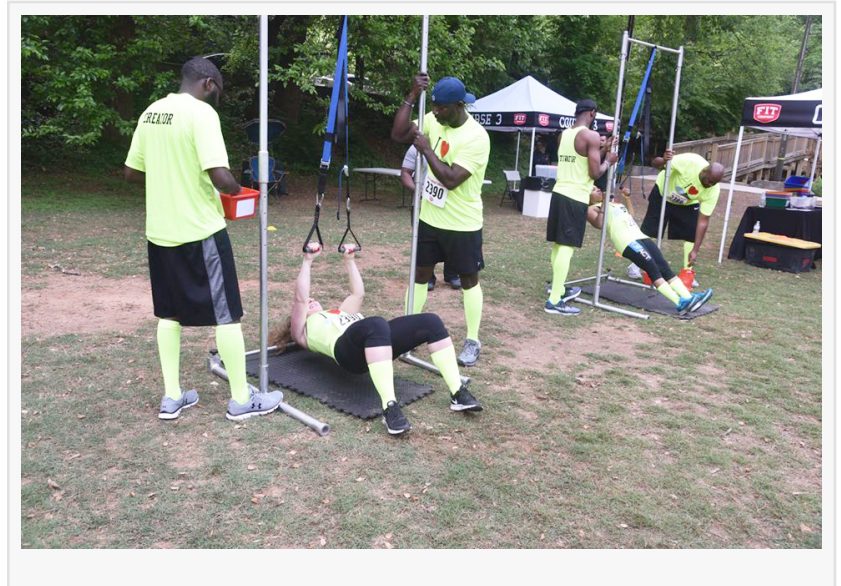
Course 1 – Level 1

- 1) #2389 - TJFACT, LLC
- 2) #2380 - Vanderlande (Tie)
- 2) #2381 - Vanderlande (Tie)
- 2) #2390 - TJFACT, LLC (Tie)

Course 2 – Level 2

- 1) #2391 - Videa
- 2) #2392 - Videa
- 3) #2379 - Vanderlande
- 4) #2386 - KNAPP Inc

Course 2 – Level 1



1) #2383 - KNAPP Inc

Course 3 – Level 2

1) #2375 - Bryson Constructors Inc (Tie)

1) #2381 - Vanderlande (Tie)

3) #2384 - KNAPP Inc (Tie)

3) #2385 - KNAPP Inc (Tie)

Course 3 – Level 1

1) #2391 - Videa

2) #2383 - KNAPP Inc

3) #2389 - TJFACT, LLC (Tie)

3) #2392 - Videa (Tie)

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