

Mission Harbor Behavioral Health Hosts Open House in Santa Barbara

SANTA BARBARA, CA, UNITED STATES, May 29, 2018

/EINPresswire.com/ -- [Mission Harbor Behavioral Health](#) hosted its first open house event on Thursday, May 24, 2018, in the Santa Barbara community. Healthcare professionals and community members toured the facility, met with Mission Harbor's mental health and addiction professionals, and gained knowledge about the various therapy options offered by the treatment center.

"It was a profound experience for all of us at Mission Harbor to feel the welcome we received from the other local mental health professionals in the area," said Sam Dekin, Executive Director of Mission Harbor. "We are very blessed to be able to work with such extraordinary professionals and clients in such an amazing place. Today was inspiring for our whole team. Our roots are in this town and our passion is in this work."



Mission Harbor staff at their Open House event. Back Row (left to right): Dr. Dustin Sanchez, Dr. Melissa Flanigan, Sam Dekin, Nancy Belknap, Mandi Matthews, Amanda Urban Front Row (left to right): Christina Kelley, Tina Brandt, Stephanie Dekin, Amyris Wi

Mission Harbor opened its doors in April of 2018 in Santa Barbara. Specializing in outpatient treatment to the local community, they offer multiple types of therapy for mental health issues such as depression, anxiety, and bipolar disorder. They also specialize in treatment for substance abuse disorders and process addictions. Examples of therapies offered are Cognitive Behavioral Therapy, Solution-Focused Therapy, Interpersonal Psychotherapy, and Meditation/Mindfulness.

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"Upon admission into the program, Mission Harbor utilizes multidimensional assessments to make sure our clients are being diagnosed correctly and to meet the specific needs of each client," said Dr. Melissa Flanigan, Clinical Director of Mission Harbor. "While standard approaches can be widely

effective, we also feel strongly about offering varying therapies which are suitable for a broad array of challenges."

About Mission Harbor

Mission Harbor Behavioral Health is an outpatient mental health treatment facility based in Santa

Barbara, CA. Their experienced staff is trained to offer the highest quality of in a flexible outpatient environment. They offer custom treatment plans that are covered by most insurance policies. Get started and meet your team today to learn how you can start a better tomorrow at <https://sbtreatment.com/>.

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Sam Dekin, Executive Director of Mission Harbor, and Stephanie Dekin, Finance Director.

This press release can be viewed online at: <http://www.einpresswire.com>

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