

What are Slip and Fall Injuries and What Happens When You Experience One?

Philadelphia personal injury lawyer Craig A. Altman of The Law Offices of Craig A. Altman outlines slip and fall incidents and steps to take.

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/EINPresswire.com/ -- A [slip and fall injury](#) may seem like a minor accident,

but in the wrong circumstances, it can cause extensive damages to the brain, head or back. If a person is injured by slipping or tripping and falling due to a dangerous condition on the premises, it can be categorized as a slip and fall injury. If the fall took place inside or outside a building and was caused by conditions such as uneven floors, debris on floors, poor lighting, potholes, ice, snow, or other hidden hazards, you may be entitled to compensation.



If you are faced with a slip and fall injury, your best option is to hire an experienced slip and fall attorney to answer your questions and guide you through the process.”

Craig A. Altman

Before you contact a personal injury attorney, here is a list of steps to be taken if you have been injured in a slip and fall accident.

1. Seek medical help

The first thing that you should do after a slip-and-fall accident is to get immediate medical help. Even if you feel that your injuries are not serious enough, it is important to contact medical practitioner as soon as possible. The longer you wait; the less seriously your claim will be taken by your insurance company. Visiting the hospital would mean the creation of medical records which can later be used as evidence of your personal injury claim. If possible, take photographs of any visible injuries immediately, such as bruises and scrapes. A picture is always worth more than a thousand words.

2. File an incident report

If your slip and fall injury occurred at your workplace or any other business or retail establishment, file an incident report as soon as possible after the accident. Companies are required to submit reports to their insurance providers about any accidents which happen on premises. The report must include details about the time and circumstances of the incident but refrain from giving an extensive statement until you have spoken with a lawyer. Your words may be used against you at a later date if



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not chosen carefully.

3. Collect Evidence

You should gather as much evidence as possible from the scene of the accident. Carefully examine the area and document the conditions you believe were contributing factors. Any evidence that you can collect that proves the negligence of the company at fault is vital. Documents such as doctors' reports and medical bills should also be preserved carefully to make a slip-and-fall injury claim. Photographs of the site and whatever you believe caused the accident should also be collected.

4. Gather witnesses' information

If at the time of the incident, there were people present who witnessed the fall, try and gather their details as well. The more witnesses you can identify, the better chances you have of proving your claim. After that, get a recorded statement from them detailing the incident from their perspective. This must be done as soon as possible because witnesses need not retain all this information for too long in their memory. The sooner you get a statement, the more accurate the statement will be. You can then use this statement while filing a claim.

5. Keep your doctor's appointments

In case of negligence when it comes to following doctor's orders, an insurance adjuster who is handling your case may find it suspicious and doubt the degree of your injury. To avoid such complications and prove the authenticity of your injury, doctor's requests and medical treatments must be followed through consistently.

6. Cut-back on your social media usage

Social media can do more harm than good to your claim after a slip and fall accident. Constant updates and photos on social media give the insurance adjuster an impression that your injuries are not as grave as you claim it to be. It would be wise to stay away from social media or at least limit your use of it until your claim has been resolved.

7. Hire a slip-and-fall attorney.

Last but not the least, if you are faced with a slip and fall injury, your best option would be to hire an experienced slip and fall attorney. A slip-and-fall lawyer can answer all of your questions about what to do after a slip-and-fall accident and guide you through the process of filing a claim and proving liability.

This action must not be delayed since any successful case might require intensive investigation. Besides this, the law provides certain time limitations within which case must be filed. So any delay in

action can result in you losing your right to claim forever.

If you or your loved one has been a victim of a slip and fall injury, then you should contact a [personal injury lawyer](#) immediately. They can help you navigate through the complex process of filing a claim and make sure that you get what you rightly deserve. The Law Offices of Craig A. Altman can help you with your personal injury case. Contact us today at 215-791-8848 for more information!

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