

An Appeal to the Congress and Senate Committees on all Areas of Interest.

The bottom line cause of why not much changes regarding the social ills, is our ignorance regarding the role of the brain in human behavior.

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/EINPresswire.com/ -- Please consider a super hearing on [Emotional Health](#) where the Chairman of each and every committee participates.

Emotional health is 50% of health and yet while there are guidelines and tests for every other aspect of health there is no testing and no guidelines for emotional health.

Your committee respectively is striving for every possible means to flush out solutions for the problems facing America in your respective field. The bottom line reason for most of these problems is the ignorance about, and negligence of emotional health.

At the individual, group and country level the human miracle is built to thrive, instead, it is polluted with the effects of the ignorance of our experts.

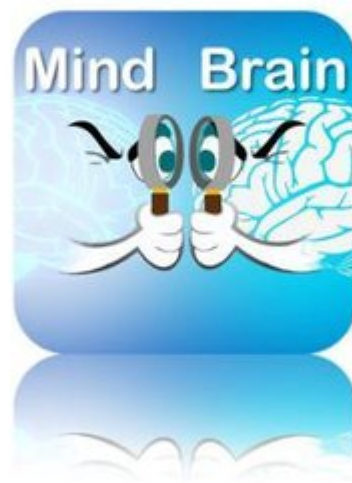
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Please let us make the right beginning with a hearing on my solutions for an Emotionally Healthy America.”
Sajid Khan

Let us look at some of the biggest problems facing America that need to be solved. The Mother of all problems that prevents any real breakthroughs is the ignorance of our experts regarding the true nature of human faculties like Wisdom, Emotional Intelligence, Human Nature, [Brain](#), [Mind](#), and Health.

Every single physical human behavior is controlled by the emotional quality of the mind, which in turn is controlled by the brain. The problem is that the brain remains under the radar screen. To change the negative human behavior attempts are made to reform and change minds while brain reform is ignored. Thus the brain remains as emotionally challenged as ever. The emotionally challenged brain continues to generate toxic chemicals that harm the physical and mental faculties. This has a rippling effect on the individual and society.

Sajid Khan - Brain Freshness



Designer | Nicholas

Use Your Brain and Mind to Improve Each Other.

To reform behavior attempts are made to re-educate the mind. It is like fresh water is poured into a glass that is producing its own dirty water. The fresh water keeps getting dirty and the whole mental system remains as dysfunctional as ever and nothing changes.

The bottom line cause of why not much changes regarding the social ills, in spite of your committee's efforts to find solutions is the ignorance regarding the role of the brain in human behavior.

The focus on physical and mental health is not enough to solve the emotionally challenged society. We cannot afford to ignore emotional health.

Mental Health is wrongly defined as just Mind Health when it is a combination of Mind and Brain Health. Emotional health is a function of the brain and it is ignored because the brain and mind are lumped together as just the mind. In fact, the mind itself is couched in fuzziness. Do you know that the mind as a topic of study is missing from High School psychology textbook? The brain and mind are two separate entities. Mental health is a function of the mind while emotional health is a function of the brain. Mental health itself is a combination of the regular education of the mind and the emotional education of the brain. So the reason why education and society are messed up is due to ignoring emotional/brain health/education.

We in America have cutting edge mind education but our brain education is not only mostly missing, the brain is miseducated. As a result, America is quite a bit an emotionally challenged society. It need not be like this. All our leaders need to do is focus on emotional health. I already have a step by step plan on how to make America emotionally healthy.

There is a one-step solution to improving the economy, education, crime, greed, corruption, rivalries, relationships, parenting, health, happiness, drug addictions, sleeplessness etc. By introducing Brain/Emotional-Health Education/Healing and creating emotional health for the young and the old. The path to a Wise Society is not via Teaching Wisdom; it is through creating Emotional Baggage Free Brains. Emotional Health is the Key to a Wise Society.

Please let us make the right beginning with a hearing on my solutions for an Emotionally Healthy America.

BRAIN POWER CLUB™
WHICH LEVEL OF THE MIND ARE YOU COMING FROM?

Guru	+2
Adult	+1
Child	-1
Fetus	-2

Mind Brain
Providing you with an effective new innovation of your brain and mind observing each other from an inside in perspective.

Mission Statement
Wisdom power is your (+2) guru/emotionally-healthy self-image power.

YOU BATHE, CLEAN AND BRUSH EVERYDAY. HOW ABOUT CLEANING YOUR BRAIN EVERYDAY? GOOGLE: EMOTIONAL HEALTH APP

Emotionally Healthy Brain Generates Emotional Intelligence.

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