

# SoundBodyLife's Predictions for Fall-Winter 2018-2019 Makeup Trends

BOSTON , MASSACHUSSETS, US, June 6, 2018 /EINPresswire.com/ -- The second half of 2018 is more than ready to begin, and with it come new trend predictions for the seasons to follow. SoundBodyLife has some of their own, and they obviously relate to the organic and sustainable lifestyle choices promoted by the website through its many articles, lists, and reviews alike.

## The Main Trends

Just like any other aspects pertaining to the fields of beauty and aesthetics, makeup is influenced by the particularities of each season of the year. Natural products make no exception from this rule. Here are the main trend predictions for fall-winter 2018-2019 established directly by SoundBodyLife's devoted team of makeup lovers.



- Radiant complexion. Spring-summer 2018 was certainly the season of [homemade tanning](#) oil recipes. To continue the healthy and radiant skin trend, SoundBodyLife recommends a light base that emphasizes natural beauty while keeping the complexion fresh and winter-appropriate. Glowing from the inside doesn't involve any shimmer or glitter, which is essential to remember come the colder months.
- The natural look. It is customary for dark colors and vampy makeup to come back in style once September rolls around. However, this time things will be different. The emphasis this fall and winter will be put on the natural look. Using the [best organic makeup brands](#) is the recommended way to achieve, as these formulas are the most suitable for keeping everything demure and elegant.
- Cool tones. Every makeup lover knows that the last few years were dedicated to the warm tone craze. Now it's time for the cooler side of the color spectrum to make a comeback. Keeping in line with the natural look, grey-based neutrals are expected to be incredibly fashionable next season.
- All matte everything. The matte look is quintessential to the colder months of the year. This involves everything from skin to eyes and lips. To keep oils and dewiness at bay, SoundBodyLife suggests applying products from some of the [best mineral makeup brands](#) out there, such as bareMinerals, or the specialized lines within larger enterprises such as Elizabeth Arden, e.l.f., or Laura Mercier.

Thus, fall-winter 2018-2019 will be all about timeless, inherent beauty as far as makeup looks are concerned. Matte, cool-toned neutrals paired with a radiant complexion that is free from shimmer is what every beauty aficionado needs to strive for come September of this year. It seems like the reign of warm tones is over for now.

#### About SoundBodyLife

Founded by husband and wife Adam and Olivia Trainor, SoundBodyLife aims to promote a lifestyle that is honest, healthy, and mindful of the environment. This is reflected in every aspect handled in the articles posted regularly on the website, from fitness and nutrition to household products and beauty.

Adam and Olivia base their knowledge on their personal experience with transitioning to a cleaner, more sustainable lifestyle. Thus, the advice they offer comes from the heart, and it has most likely been tested in real life. For the years to come, they hope to build an even more expansive community of like-minded individuals.

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Sound Body Life

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