



Dr. Kam Habibi Explains The Fight On Inflation

Inflation is a ballooning problem in the United States and Dr. Kam Habibi is doing all he can to explain the ramifications.

SARASOTA, FLORIDA, UNITED STATES, June 6, 2018 /EINPresswire.com/ -- Inflation has always been a problem. It is the counterpart to currency. After all, taxes hardly ever go down. Therefore, it's somewhat expected that everything else would continue to rise.

Yet, now, as prices of goods continue to rise, people are starting to feel desperate, because their income remains stagnant. That is why there is such a fight against inflation. What was once an annoying inconvenience is now hurting many families.

So, [Dr. Kam Habibi](#) is going to explain this fight, how it's affecting people, and what you can do to protect yourself.

The Fight on Inflation

Ironically, inflation means that there's too much money. Although, that excess of money is what is halting the economy and making prices skyrocket. The idea is to try to draw money back into the economy by rising prices on essentials. This includes bread, milk, eggs, and other necessary items.

Unfortunately, the solution, as well as the problem isn't as simple as the definition would lead us to believe.

People, even people with money aren't holding onto the money, as though for ransom. The market works in the same way every other item works, through supply and demand. If there's too much money, the money devalues.

So, prices rise to account for the devaluing.

Regardless of who or what is at fault, though, the problem remains. There's too much money and not enough goods to stimulate the economy. Thus, the fight ensues.

How it Affects the Populous

Most of the time, the people who feel the inflation the most are the middle class. They are squished between the wealthy people who are basically unaffected and the lower class.

The lower class is already struggling, so there's usually not much of a direct change. Yet, the middle class is the people who end up not being able to pay for their car and home. It is those people, who are doing their best but get by barely that is blasted by inflation. As the middle-class diminishes, it creates the "hour-glass" effect in the financial hierarchy, which again, threatens the recovering economy.

How to Protect Yourself

Fortunately, Dr. Kam Habibi explains that there are a few things you can do to protect yourself. This doesn't include making difficult life choices or pinching the nearly obsolete penny.

Instead, his advice is preemptive. Here are Dr. Kam Habibi's best suggestions:

Buy in Bulk: Instead of buying for daily or weekly consumption, buy as much as you can in bulk and store it away. Buying in bulk is always cheaper. Plus, if you stockpile some food here and there, you have a nest-egg of food. That way, if something unexpected happens, you don't have to worry about getting food in an emergency.

Invest in Products, Not Money: While money, cryptocurrency is a hot-button topic right now, investing in any currency could easily end up hurting you. Currency is volatile, where products are far more stable. Products have a much slower devaluing rate. Plus, merchandise such as oil and metals tend to rise during the devaluing of currency.

In summation, Dr. Kam Habibi wants people to know that regardless of what it seems like now, things will get better. There is a light at the end of this inflation tunnel. Eventually, someone is going to have to come up with a solution that will mitigate the burden.

However, until then, [Dr. Habibi](#) wants people to do what they can to fight inflation and stay strong.

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