

Tina Worthey of Open Heart Open Mind Therapy to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- Whether we realize it or not, we are being hypnotized every day. Hypnosis is nothing more than a state of consciousness we all go in and out of in which we are more susceptible to suggestions. We are constantly being bombarded with suggestions from the news, advertisements, institutions, each other, and even our own self talk. Most of it is negative and keeps us in fear mode. What if you had the ability to hypnotize yourself with only unconditionally loving thoughts, creation of the life you desire, and complete well-being? With the expert guidance of Soul Therapist, Tina Worthey, Quantum Hypnosis does just that.

Tina is a certified Quantum Healing Hypnosis Practitioner, Soul therapist, and owner of Open Heart Open Mind Therapy.



“My purpose and passion is to teach individuals to heal themselves,” says Tina. “People don’t realize that they have all the answers they seek within. We have the creative ability to shape our reality. I bring people’s awareness to their own potential and facilitate their healing from an empowering, supportive, loving space.”

During her youth Tina faced ongoing struggles, challenges, and debilitating, painful trauma that left her desperately searching for peace and healing. This began her life-long journey of seeking relief in several different ways with little success. After undergoing several ineffective treatments, she finally discovered the answers she was seeking through Quantum Healing Hypnosis Technique and the power of applying genuine love to heal her afflictions.

“Hypnosis is not something I do TO you,” says Tina. “It is a way to experience the expansive part of your mind to profoundly heal. This part of your mind is like a huge memory bank with unlimited capacity. It has stored in it everything that has ever happened to you. When clients approach me frantic for answers, I place them in a state of deep relaxation and ask their Higher Self questions to get to the core of their problems.”

Clients seek Tina to gain clarity about their life’s purpose, and to get past any barriers that are

blocking them from living a happy, healthy life. These vary from addictions, and other major issues that are weighing them down to anyone interested in their past existences and how they pertain to their current incarnation.

“We are such multi-faceted beings that the life energy that heals us can get misdirected and keep us stuck,” says Tina. “According to quantum theorists, ‘We live in a universe of infinite possibilities. We choose everything we experience from these possibilities, and not just material possibilities, but also possibilities of meaning, feeling, and intuiting. Life is one long series of choices that are in themselves the ultimate acts of creativity.’

“We have to stop focusing on fear and scarcity,” says Tina. “When we connect in unconditional love THAT will ultimately shift consciousness and restore health to this beautiful planet we live on.”

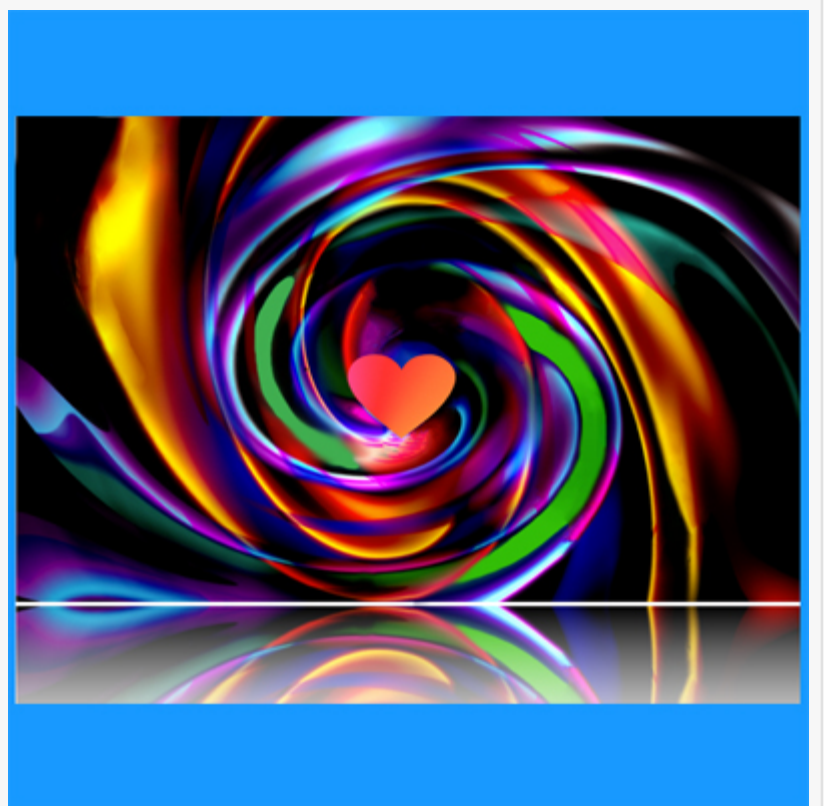
CUTV News will feature Tina Worthey in an interview with Jim Masters on Monday June 11th at 2 p.m. EST.

Listen to our show on [BlogTalkRadio](#).

For more information on Tina Worthey please visit www.openheartopenmindtherapy.com

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