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NY, NY, USA, June 11, 2018 /EINPresswire.com/ -- The Jed Foundation (JED), a leading nonprofit organization that exists to protect emotional health and prevent suicide for teens and young adults, announced today that Jolene McCaw, a director of JED, has pledged \$1 million in matching funds to support JED's high school programming efforts.

JED's flagship high school program, Set to Go, helps teens and their families prepare emotionally for the important transition out of high school with helpful information, resources, worksheets and more.

The matching grant will enable further dissemination and implementation of Set to Go nationwide and support the next phase of JED's high school work, which will focus on broader mental health programming in high schools.

WHAT: \$1 million dollar matching grant from the Jolene McCaw Family Foundation to support JED's high school programming to protect emotional health and prevent suicide.

WHO: Jolene McCaw, a Seattle area philanthropist and a director of The Jed Foundation, has been involved in a number of JED initiatives over the years, and was honored on June 4th at JED's Annual Gala with the organization's 'Voice of Mental Health Award'.

Jolene and Sara Gorman, JED's Director of High School Programming, are also available for interviews and to provide additional commentary upon request.

WHY: Adolescence is a time of growth, learning, and exploration. Yet, for many of our nation's teens, transitioning into adulthood can be a time of significant change and intense challenges:

1 in 5 teens struggles with mental health issues
60% of first-year college students wish they had more emotional preparation for college
50% of first-year college students report feeling stressed all or most of the time

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