

Danielle Preston of Healing-Grounds Integrated Wellness Coaching to be Featured on CUTV News Radio

RESTON, VIRGINIA, UNITED STATES, June 14, 2018 /EINPresswire.com/ -- Danielle Preston is on a unique mission that embraces spiritual, physical, mental and emotional components of wellness, and includes the novel cleansing techniques of The Emotion Code and The Body Code. She strives to erase negative thoughts and behavior patterns, provide divine guidance, and increase awareness and abundant living. Each time she coaches someone, it builds an enduring relationship, creates positive change in their life that in turn raises collective energy, and has a ripple effect on the whole of human consciousness.

“I’m out to heal this planet, one heart at a time.”

Danielle has a PhD in Spiritual Counseling and when she first attained it back in the 90’s, there were very few universities offering programs in

Metaphysics. Dr. Paul Leon Masters was one of the first to establish such a course of study, and put metaphysics on the educational map. Today, she uses that knowledge and various methods to work with people in an integrated wellness practice, all falling under the umbrella of coaching.

Working primarily on an individual basis, Danielle employs spiritual counseling, energy healing, mindfulness and advanced awareness strategies. During a session, she talks to the individual’s subconscious, to determine what’s really going on, knowing that their backache or their money troubles are really physical symptoms of a deeper emotional or mental issue. Danielle works backwards from symptoms to identify and clear away energies at the real root of that pain and prevent the problem from returning. While physical therapy or an approved loan might be a quick fix, Danielle aims for total healing—to relieve symptoms, and move forward with a new mindset that encourages a life of lasting health, wealth, and love.

Danielle specializes in The Emotion Code and The Body Code healing techniques, drawn from the teachings of Dr. Bradley Nelson. He’s the role model who inspired her new life and shapes her purpose--to raise consciousness and compassion, experience greater love, achieve growth, and become godlier in our ways. She uses his methods to help people open minds and hearts, release



oppressive thoughts and emotions, and finally get relief from their trauma.

Danielle believes we are all created in the image of God, and that our bodies are made infinitely intelligent for natural growth and healing. Most typically, she says, a series of personal life events will lead one to a state of disease or disharmony with the world. She loves to facilitate the conversation between the conscious and subconscious parts of a person's mind, like an investigation which uncovers the truth about how we ended up where we are, and how to return to wholeness.

Long concerned by the human condition, and a supporter of defining a woman's value beyond sexuality, Danielle offers free emotion code sessions to those who have been victims of sex trade or human trafficking. She feels it is the perfect technique to help someone reveal his/her

story in complete privacy, without having to relive the anguish, and to obtain understanding, forgiveness and true healing from the inside out.

We're all here for a purpose, and part of our fulfillment is finding and embracing that purpose. Too often, trapped emotions or negative thought patterns keep us stuck in the day to day, and the worldly troubles that bring us down. Find out more about Danielle's philosophy on changing your story and changing your life when you tune in.

CUTV News will Feature Danielle Preston in an interview with Doug Llewelyn on Monday, June 18 at 1:00pm EDT

Listen to the Show on [BlogTalkRadio](#)

If you have questions for our guest, please call (347)996-3389

For more information, please visit www.healing-grounds.com

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