

Energy Healing Practitioner Kathi Pickett to be Featured on CUTV News Radio

FEEDING HILLS, MASSACHUSETTS, UNITED STATES, June 15, 2018 /EINPresswire.com/ -- Life doesn't have to be so hard. Lots of times it's how we make it.

Kathi Pickett is an intuitive and an energy healing practitioner.

"The work I do is around helping people identify the divine light within them that we all have, aligning with that light, and shedding what is not ours so that we can be joyful and peaceful in life," says Pickett.

A nurse for over 40 years, Pickett says she's been connected with spirits her whole life. Today Pickett works at Canyon Ranch, a health resort in Lennox, MA as part of an integrative health team of physicians, therapists and healing practitioners.



"Our work goes where medicine can't see," says Pickett. "Because of my intuition, I'm able to find the root cause, whether it's this life, past lives, where there is energy stuck in the energy field. The energy medicine has taught me that fear is a frequency. It is a moving energy within us. And because it's moving, we can move it. And if we invite it in through our thoughts, then we can also invite it out with the same power of our thoughts and intention."

So how do we shift what we believe? Through conversation. Pickett speaks to people in such a way that they feel very comfortable and open and to talk about things they've never spoken to anyone about. Pickett provides so it a safe space to explore their divineness and move them into lives that are more aligned with that divine light.

"It really comes down to believing that you are safe, and you've already survived. There's nothing to fear; you're already here. You're already living," says Pickett. "There are many layers around the soul and past lives, so it's very, very deep work to clear energy from those spaces. The most common thing I hear is 'I feel like myself.' This work is about returning us to the essence. The truth for you is that you're more than enough. Make that conscious effort every day to choose light and know that you have the choice. When I see that transformation in others, it's a miracle.

CUTV News Radio will feature Kathi Pickett in an interview with Doug Llewelyn on June 19th at 1pm

EDT and with Jim Masters on June 26th at 1pm EDT.

Listen to the show on [BlogTalkRadio](#)

If you have questions for our guest, please call 347-996-3389

For more information on Kathi Pickett, visit www.kathipickett.com

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