

# Jennifer Stigliani Bowen to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- Music, dance, visual arts and yoga have unequivocally been proved to promote remarkably therapeutic effects on our minds, bodies and souls. But with a tremendous amount of people still not aware of its superior benefits, awareness of these tools is crucial. What if there was an individual so exceptionally skilled in the healing arts with such a profound ability to help people that her work literally triggers others to be their greatest selves?

Jennifer is an esteemed healing artist, yoga instructor, middle eastern dancer and exceptional vocalist. She has an undergrad degree in visual arts and a graduate degree in Chinese and East Asian Studies and has exhibited world-wide.



"I have combined languages with the visual and healing arts because they are truly a magical balm to soothe the traumas that many of us experience in our lives," says Jennifer. "The way I resourcefully combine all of these various healing arts in unique combinations has brought my students all over the world particularly transformational results."

Jennifer was profoundly inspired by her extremely resilient sense of family values and solicitous nurturing from her mother's rich culture. At just 16 years old she began studying the lulling effects of yoga. Now with her very extensive back ground in both traditional art, music and dance, as well as healing arts, she holds a remarkable presence in her field that has touched the lives of many all around the world.

"Early on I was very driven to study visual arts, and subsequently focused on immersing myself into many art forms, not superficially, but very deeply," says Jennifer. "So even though I have a wide range of skills, all are very cohesively related."

Some of Jennifer's remarkable contributions include volunteering to educate inner city teens with HIV/AIDS, teaching them how to create mandala paintings, a testament for her aptitude to harmoniously mix arts with an amazing ability to connect with people.

"Teaching is an ideal way to share my compassion in an extremely organic way," says Jennifer. "There is a social and spiritual healing element in all art forms."

Jennifer's outstanding work is dedicated to bringing out positivity and has also brought her tremendous joy.

"It's absolutely critical to pay attention to one's own internal dialogue," says Jennifer. "Take time to tap into yourself and consider your hopes and dreams. It is always our authentic internal conversation that ultimately connects us to something greater."

CUTV news will feature Jennifer Stigliani Bowen in an interview with Jim Masters on Thursday June 21st at 1 p.m. EST.

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest please call (347) 996-3389

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