

# Ideal Dermatology: Dedication to Boulder Is More Than Skin Deep

*Ideal Dermatology tackles skin care conditions specific to Colorado's outdoor lifestyle.*

BOULDER, CO, USA, June 19, 2018 /EINPresswire.com/ -- For many people with challenging skin, going to see a dermatologist can be part of a lifelong journey. While some issues like acne, which often affects teenagers going through puberty, may go away after that period of life ends. However, new issues may arise as skin changes with age, stress, lifestyle choices and environmental factors.

Boulder's [Ideal Dermatology](#) treats patients at all stages of life. "College students have unique needs," says Dr. Alise Curry of Ideal Dermatology, who regularly helps students from University of Colorado Boulder. "There are some infections in early adulthood that we tend to see in outbreaks in the fall after the students have returned from summer vacation."

The Boulder skincare practice is also well versed in issues that upset skin in Colorado's sunny, arid climate. "The dryness in Colorado exacerbates many rashes, especially in the winter," Dr. Curry says. "We always have a peak of eczema mid-winter because of this."

Tackling conditions specific to Colorado's outdoor lifestyle

Runners, cyclists, rock climbers, and others who play outside year-round in Colorado have found Ideal Dermatology to be a helpful partner in protecting, treating and enhancing habitually exposed skin.

Skin cancer is more common among Boulder's active population, especially among baby boomers who grew up in the era of excessive sun tanning, according to Dr. Curry. "I see less skin cancer on the body in our cooler climate than I did in the South, but similar levels of skin cancer on the exposed skin of the face and arms."

Dr. Curry's expertise as a surgical dermatologist means she can define and heal major medical issues that show up in the skin. "I screen for and treat skin cancer, treat routine skin problems such as acne and warts, and am particularly interested in inflammatory skin diseases," she says.

Additionally, in the past year, Ideal Dermatology has added radiation therapy and owns several



Runners, cyclists, rock climbers, and others who play outside year-round in Colorado have found Ideal Dermatology to be a helpful partner in protecting, treating and enhancing habitually exposed skin. (Photo: Timothy Seibert)

advanced lasers that can further customize skin treatments for each patient. "We are the only dermatology practice in the area that treats skin cancers with low-dose radiation. This allows patients who are not good surgical candidates to have their cancers removed without having difficult recoveries," she says.

#### Scratching below the surface for skin solutions

The answers to skin conditions and diseases aren't always easy, but Dr. Curry appreciates the challenge of her work. She enjoys helping patients find solutions to skin issues that often lead to struggles with self-image and self-confidence.

"I like hard cases like psoriasis," she says of a condition that causes red, scaly skin that can be itchy and even painful. For example, some cases require comprehensive allergy testing to identify indoor and outdoor irritants that could be causing flare-ups when they come in contact with the skin.

Dr. Curry's interest in dermatology started during an internship at Naval Medical Center Portsmouth.

While practicing general medicine for several years, she also learned to treat divers for decompression sickness, which included a distinct, eye-opening skin component that intrigued her further.

While developing expertise in this condition, she went on to residency at the Naval Medical Center San Diego, spent two additional years in the Navy, and went into private practice in Austin for 12 years before moving to Colorado in 2010.

Dr. Curry joined Ideal Dermatology last year and has never looked back.

#### Full-service offerings cover cancer to cosmetic enhancements

At the Boulder practice, Dr. Curry complements fellow Navy professional and board-certified surgical dermatologist Dr. Kevin Mott, who founded the Hawaii Skin Cancer Center before relocating to Boulder to establish Ideal Dermatology.

Both bring experience in treating skin cancer and sun damage as well as advanced reconstructive techniques. Surgical solutions at Ideal Dermatology include skin excisions and biopsies, minimally invasive face and neck lifts, blepharoplasty (eyelid lift) and acne scar revisions, among other services.

While Dr. Curry and Dr. Mott bring deep surgical competence to the Boulder practice, Ideal Dermatology is a full-service practice.

In addition to working with skin-cancer patients, both Dr. Curry and Dr. Mott are board-certified dermatologists that routinely help people with age-related irregularities on the skin's surface, along with moles, skin discoloration and precancerous growths.

There are plenty of cosmetic procedures to choose from at Ideal Dermatology as well. In-office injectable fillers like Botox, which essentially started the cosmetic dermatology revolution, have become increasingly popular because they are a facial rejuvenation choice that requires little or no downtime.

Patients regularly visit Ideal Dermatology for a variety of cosmetic skin treatments, including Dysport, a wrinkle treatment similar to Botox as well as dermal filler Juvaderm; Voluma, an injectable gel that works well on the cheek area; Restylane, Perlane and Radisse, which can hide deep wrinkles such as laugh lines; lip augmentation; and chemical peels.

## Inside the Ideal Dermatology patient experience

Patients coming in for a skin procedure or consultation might be surprised by the office's upgrades. While Ideal Dermatology is housed in an older building on Alpine Avenue, the facility has undergone an extensive remodel in the past several years.

In addition to a welcoming and modern waiting area, bright and spacious exam rooms are now completely customized for practicing dermatology. Coupled with a highly trained and dedicated staff that understands how to care for dermatologic patients, the experience at Ideal Dermatology is both relaxed and professional.

So whether you're working on preventing skin cancer, treating unexpected or long-term medical conditions, or giving your skin youthful lift as you age, there's something that fits every face at Ideal Dermatology.

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