



Dr. Martha Latz, LMFT, Psychotherapist & Life Coach Rolls Out the Building Blocks to Healing in her Return to BBM Radio

NESCONSET, NEW YORK, UNITED STATES, June 25, 2018 /EINPresswire.com/ -- Empower yourself with essential skills to successfully navigate your relationships. Dr. Martha Latz, LMFT, Owner of A Unique Therapy Center in Boca Raton, Florida, offers valuable guidance on It's All About You, a weekly radio broadcast with Bold Brave Media. She invites listeners to join her each week as she navigates the choppy waters of relationships and calms the harbors deep within ourselves. Dr. Latz employs an effective trifecta of strategies to bring about healing and inner peace, and she's made it as simple as ABC: Active listening, Balanced communication and Compromise toward solution. Join her as she returns to BBM with proven strategies to rebuild your relationships and reclaim your life!

Dr. Martha Latz, LMFT, is a Psychotherapist, Life/Relationship Coach and Owner of A Unique Therapy Center in Boca Raton, Florida, where her primary focus centers upon establishing an emotionally supportive environment for her clients. With 28 years of experience and multiple certifications, Dr. Latz employs a wide spectrum of healing practices, providing for a diverse and individualized therapeutic experience at A Unique Therapy Center.

Dedicated to her ongoing, professional development, Dr. Latz holds several therapy certifications and awards, including:

- Licensed in Marriage and Family Therapy (LMFT)
 - Long-standing fellow of the American Association for Marriage and Family Therapy (AAMFT)
 - Certified Relationship Specialist, CRS, designation by the American Psychotherapy Association
- To learn more about Dr. Martha Latz. and A Unique Therapy Center, please visit:

<https://auniquetherapycenter.com/>

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Tune in to It's All About You on Bold Brave Media each Thursday at 1PM Eastern by visiting this link: <http://boldbravemedia.com/> and hear Dr. Martha Latz, LMFT, draw from her experience as a healing practitioner as she guides you toward healthier relationships and a happier life!

Have a question or wish to share something about your own journey? Call in during the show!

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