

Crock Pot Meal Delivery Service Provides Healthy Alternative to Processed Foods

What a Crock Meals to Go is the next big meal kit delivery service. Eliminating processed foods, this company is starting to change the meal delivery landscape.

BROOKHAVEN, PA, UNITED STATES, June 29, 2018 /EINPresswire.com/ -- What a Crock Meals to Go™ announces that they are only to provide fresh meals as opposed to processed ones, targeting the entrenched meal delivery service providers like Blue Apron, LLC and Hello Fresh™. This small startup has big ambitions. Using personal funds for capital, this 5-year-old business which started in a home is poised to take on the industry leaders in delivering high-quality foods to people that have limited time or that just do not want to cook after a long day at work.



What a Crock Meals to Go™ which started as a mom-and-pop business now delivers anywhere in the United States. Shipping and packaging contracts are in place so that no matter where you are in the country you can receive high-quality crockpot meals designed to be nutritious and make your life easier.

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Chemically processed foods are made solely from refined ingredients and artificial substances. Our crock pot creations are made fresh and then frozen immediately-- serving a healthy alternative.”

Brieanna West, Founder

What a Crock Meals to Go™ provides their customers with not only delicious, healthy foods but meals that taste great. Using an entirely different business model, What a Crock Meals to Go™ has made it even easier to get home and sit down to eat a great meal, without the having to worry about if that meal is nutritious enough.

We all love processed foods; most of us were raised on them because we had working parents. If you had to give up processed foods, could you do it? Could you even name one? Processed foods include cereals, cheese, canned vegetables, packaged meats (e.g., ham) and chips. They are bad for us because they contain artificial ingredients (e.g., preservatives), high-fructose corn syrup and sugar. They are one of the main causes of obesity in the U.S. because they are made to be over consumed (e.g., family-size), low in fiber and nutrients and contain trans-fats. Not to mention they contain GMOs – genetically modified organisms. Examples of GMOs include sucrose, hydrolyzed vegetable protein, and sweeteners. At What a Crock, our crockpot meals are made from pure, natural ingredients, which you can pronounce.

Another excellent example of processed foods is microwavable meals. They are quick to make and come in a variety of flavors, including ones that are “healthy” choices. However, did you ever the label on them? They are loaded with sodium, which prolongs their shelf-life. Also, some of the diet bars are low on carbs but high in sugar or artificial ingredients. Our [healthy crockpot meals](#) offer different portion sizes, which helps you control servings. The leftovers are just as good!

We created portions that are right for you and your family, whether you have a light or heavy appetite. All of our [crockpot creations](#) fit any budget and planning meals is easy. You can arrange to have healthy crockpot meals for the week, delivered to your door or you can pick them up. In standard meals, it’s easy to choose the pre-made ones due to time and budget. Even the sauces and salad dressings contain harmful ingredients, not to mention the dyes that are added to them. I don’t know about you, but I don’t want to eat food containing red dye #40.

Crockpot Meals – a Healthy Alternative

Aside from being easy to make, our healthy crockpot meals on a budget are a lifestyle choice to help you and your family get on a better nutritious track. We have real chefs hand-pick the ingredients for each meal. They do the hard work of trimming, browning, dicing, slicing, measuring, crafting sauces, and more!

You just pop the bag into your crockpot, setting the temperature and time and go. Our chefs put the ingredients together for a meal (per portion) and then vacuum seal them into a pouch. The pouch is then immediately frozen. You get the meal within 24 hours of being frozen – the freshness is guaranteed. We feel it’s worth it to give our customers the very best homemade meal, instead of hitting the drive-thru or ordering take out. And the meals come with easy-to-read instruction card.

You can also feel good about the fact that we are a family-owned and operated company. The only thing we have in common with the big food manufacturers is that we save you time. Time out of the kitchen and sitting down at the table to enjoy a wholesome meal with your family. You can order online or stop in one of our locations. We love meeting our customers and answering any questions.

Slow Cooker Meals in Delaware County

What a Crock began with a simple idea: produce nutritious slow cooker meals that help families save time and money. We have retail locations in Brookhaven, Garnet Valley, Ridley, Chestnut Hill and Quakertown. Make planning dinner easy without bundles. Choose from seafood, pork, chicken, sandwiches, soups, vegetables and more! Call us today at (484) 474-0451 or visit our website to place an order. Don’t forget we have gift cards!

This release was drafted by [Results Driven Marketing, LLC](#): a full-service digital marketing, public relations, advertising and content marketing firm located in Philadelphia, PA

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