

Gena Livings, The Soul of Peaceful Living, Named Among the Best of Summer Reading, 2018

Soul of Peaceful Living delivers big impact with a small time commitment

NEW YORK, NY, UNITED STATES, July 6, 2018 /EINPresswire.com/ -- When it comes to authors who keep the attention of avid readers, [Gena Livings](#) is on that list. Livings and her book, "[The Soul of Peaceful Living](#)," have been named to The Best of Summer Reading, 2018, her publicist announced today. Consideration as an honoree was initiated by submissions from each artist or their agent.

Every year, an award-winning journalist recognizes authors worldwide to form the annual list. Genres include inspirational, spiritual, mystery, sci-fi, children's, urban literature, romance, and health and wellness.

"The promotional listing is indicative of the depth and breadth of the literary industry. It's a dynamically diverse collaboration of extraordinary authors and distinguished merit," explained [Fran Briggs](#), Publicist to Gena Livings. "Gena's book challenges, nurtures, and inspires. 'The Soul of Peaceful Living' is an excellent companion book to the Bible."

The author says that "Great books for me are those that have a big impact with a small time commitment. This one does just that with the ability to spend ten to fifteen minutes a day basking in one reflection at a time," she explained. "When we add the most powerful truths of life to our daily regimen, positive change happens."

Gena Livings added that "The Soul of Peaceful Living: Reflections for Transformation" is a heartfelt collection of practical and positive insights that can transform your life from the inside, out. The author's personal reflections are coupled with relative and pivotal biblical passages which guided her to discover the soul of peaceful living.

"I feel so deeply blessed to have my book recognized on the 'Best of Summer Reading List' for international and award-winning authors," stated an exuberant, Gena Livings. "My soul desire is for this book to bring forth much love, light, positive encouragement and inspiration to many," she concluded.

Livings expresses herself through writing and inspiring others to achieve a lifestyle that promotes health and well-being as a better way of life. As a wellness writer and a spiritual practitioner of



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peaceful living, she helps people cultivate their awareness so that they can make conscious lifestyle choices based on healthy lifestyle practices and a healthy mind-set.

ABOUT GENA LIVINGS

Gena Livings is a spiritual practitioner of peaceful living, author, visual artist and the founder of GenaLivings.com. Through her, writing, art and coaching practice, Gena Livings helps people cultivate their awareness so that they can make conscious lifestyle choices based on healthy lifestyle practices and a positive mind-set. She promotes peaceful and healthy living in all aspects of the word. For additional information, including how to purchase her books, please visit www.genalivings.com

Fran Briggs
eMediaCampaigns!
9282751642
email us here

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