

LOUDOUN BUSINESS OWNER COMPETES FOR MRS. VIRGINIA AMERICA

Libby Westphal, Owner, 110% FIT, Located in Leesburg, Virginia, Vies for the Mrs. Virginia America Crown in March 2019.

WASHINGTON, DC, UNITED STATES, July 10, 2018 /EINPresswire.com/ -- [Libby Westphal](#), Owner, [110% FIT](#) in Leesburg, was recently crowned [Mrs. Leesburg](#) 2018 and now competes for the title of Mrs. Virginia America at the Colonial Theater in South Hill, Virginia on March 22-23, 2019.

Westphal is a United States Air Force Veteran, four-time cancer survivor, entrepreneur, mother, fitness model, and just turned 50 years old last month. Competing for Mrs. Virginia America allows Westphal to give back to community and to relay her passion for assisting wounded veterans. She was personally recruited to volunteer at Boulder Crest Retreat in Bluemont, Virginia, so she could share her personal stories with Gold Star families to help them overcome adversity and challenges.

“Being Mrs. Leesburg allows me the rare opportunity to introduce our small, unique community to the rest of Virginia and beyond. Also, it provides me a different platform to give back and to tell my story,” states Westphal.

Outside of running her own fitness studio, 110% FIT, Westphal works with Loudoun County Public Schools, sharing the importance of fitness, movement, and eating well, partnering with nearly 20 schools.



Libby Westphal, Mrs. Leesburg, Virginia 2019

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In 2013, Shape Magazine recognized Westphal’s battle with cancer, enduring three months of IV chemotherapy and nearly a dozen surgeries related to her battle with cancer and knee problems suffered from her 70-pound weight loss.

“I am an aging woman who feels ‘called’ to better serve as much and in as many capacities as possible. My charter is to be a beacon of hope, inspiration and to share an example of possibility, improvement, empowerment and growth at any age.”

Westphal will compete in three categories during the Mrs. Virginia America pageant: personal interview, swimsuit, and evening gown. Contestants must be married and live in the city or county they

represent. The winner will receive a prize package worth thousands of dollars and she will compete for the title of Mrs. America in August 2019 in Las Vegas, Nevada.



To follow Libby Westphal's journey to Mrs. Virginia America 2019 on social media, please find @mrsleesburgVA on Facebook or Instagram. To learn more about the Mrs. Virginia America Pageant, please visit www.mrsvirginia.com

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