

Author Writes A Compelling Book About Struggles And Successes

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WELLINGTON, NJ, UNITED STATES, July 12, 2018 /EINPresswire.com/ -- The love of a family is life's greatest blessing and Chef [Edward Nowakowski](#) pens a book that describes his family's life going through the historical experiences. [Brush with the Edge of Time](#) and Profession accounts a lifelong celebration of life's most compelling stories.

Nowakowski brings the readers back to the 1940's when his mother's family had no electricity and water in their home in a village in Poland. When the decade of Hitler began, when the Stalin regime took place and so did communism, survival was crucial and difficult to achieve. Being a son, he had seen every difficult time that his mother had to endure to ensure that they make it day by day.

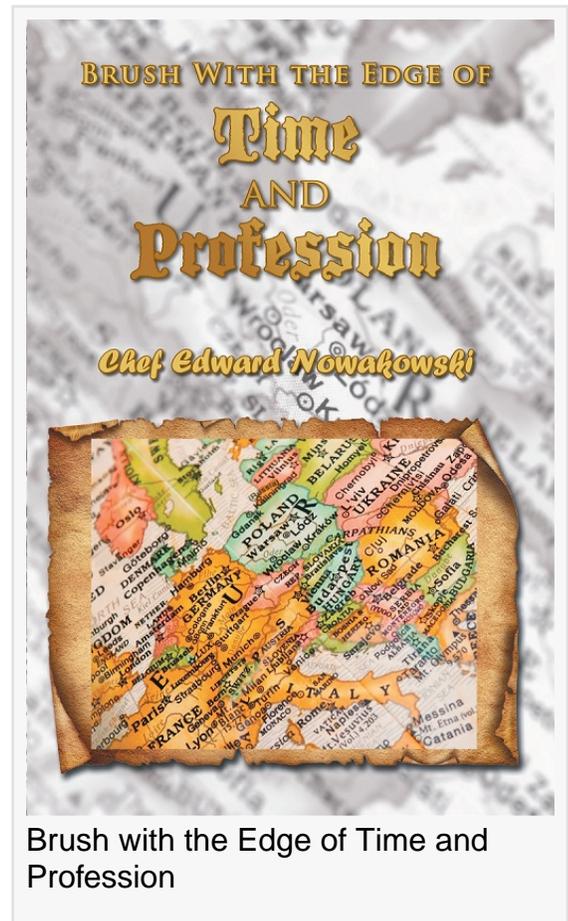
Today, Edward Nowakowski is a renowned chef and he shares to every reader all the memories, both the joyful ones and the sorrowful ones that contributed and brought him to a more comfortable life and a successful career. *Brush with the Edge of Time and Profession* is indeed a celebration of a human heart. The author invites the readers to read a compelling story that will inspire them to live a positive life no matter what card one is holding.

About the Author:

I'm a Polish master chef born in Austria and educated in Europe, mainly in Poland with apprenticeships in Lyon, France, and the former East Berlin. My culinary history includes hotel-restaurant school in Poland, cooking dinner for Nikita Khrushchev; working banquets for General Jaruzelski, Prime Minister of Poland; and Marshall A. Grechko, Soviet east bloc commander who organized the 1968 invasion of Czechoslovakia.

Since arriving in the United States, I've worked for many major brand hotels, such as the Four Seasons Hotel, the Registry, Hyatt New York, Marriott, and Hilton hotels. My culinary awards include one gold medal, two bronze medals, two black Geneva medals, numerous trophies, blue ribbons, and many letters of excellence.

I have hosted former vice president Al Gore (twice), Lt. Gen. James F. McCall, controller of the U.S. Army; several US state governors and members of Congress, and many international dignitaries. I am sharing my professional experience with future culinary ambassadors of many educational



institutions. I believe many of their students enjoy seeing my culinary art work. If you have an interest to view some of my work or know more about my fifty-five years of culinary career, you may contact me via e-mail or check me out in my Web site.

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