

Life's Ripples Revealed in a Book With Complete Bliss

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/EINPresswire.com/ -- It's a fact of life that we all experience ups and downs throughout our lifetimes. The stress of these "life ripples" can lead people to struggle to deal with the effects. Good thing there is Robert Wellington's book, "[Time Ripples, A Gift of Love](#)", a compilation of poetry, prose, and essays that address many of the issues and circumstances people encounter during daily journeys.

Tremendously, this book converts people's perspective about life and the author willingly hands his readers some reflections that are truly meaningful and thought provoking. Every page presents a striking insight and perspective on life in today's crazy world.

It is like a new-found friend ready to gently give perspective, and deep insight into everyday life. The author believes each journey is to be enjoyed and helps his readers view challenges from a higher perspective, through a lens of clearer and loftier focus.

"Seek not to change the world, but choose to change your mind about the world. What you see reflects your thinking, and you're thinking reflects your choice of what you want to see." A Course in Miracles

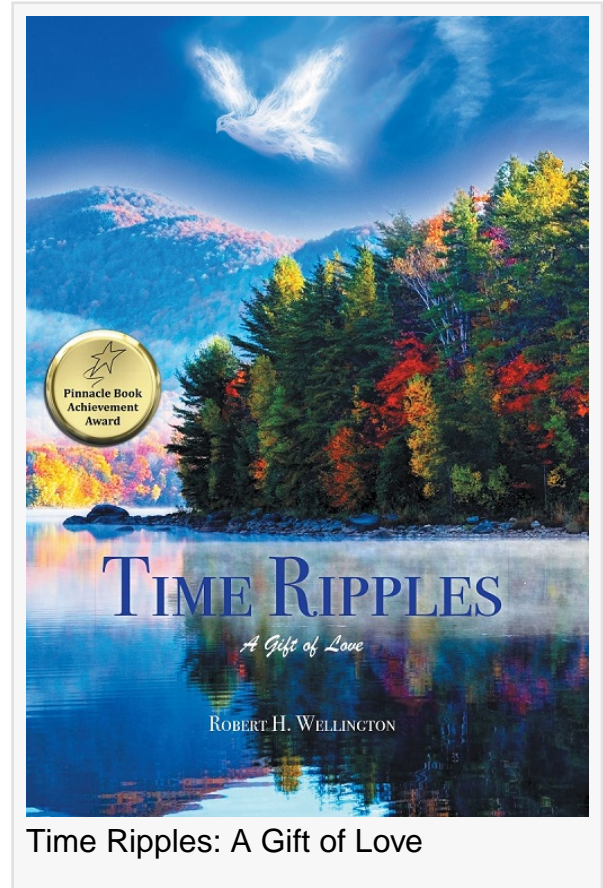
Time Ripples is comprised of thoughts and inspirations which occurred to the author during meditation and prayer over many years. We all have access to these ideas. We have to quit the noisy confusion of our minds through patient meditation and ultimately, contemplation. The poems and essays contain inspirational thoughts that will help you take charge of your life.

About the Author:

[Robert H. Wellington](#) is a lover of spirit in all its infinite forms, from family and friendships to escaping in nature. He is a husband, father, grandfather and businessman. He finds great peace in the outdoors and has participated in and/or led many canoe trips through Canada's pristine waterways. It is from these trips that he draws the inspiration for Water Wisdom. Finding spiritual continuity and connectedness across all of life's experiences has been his passion and as he puts it, "a joyful ride indeed."

Product Details

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