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NUSA DUA, BALI, INDONESIA, August 14, 2018 /EINPresswire.com/ -- [AQUA YOGA](#) is a unique concept of yoga that combines traditional yoga with water aerobics. The program is designed to help participants improve their physical fitness, mental health, and overall well-being. Aqua Yoga is a safe and effective way to stay active and healthy.

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Karim Tayach

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