

Oregon's, James H Bloom Releases In the Moment, Awakening Within

Available worldwide at Barnes and Noble and Amazon

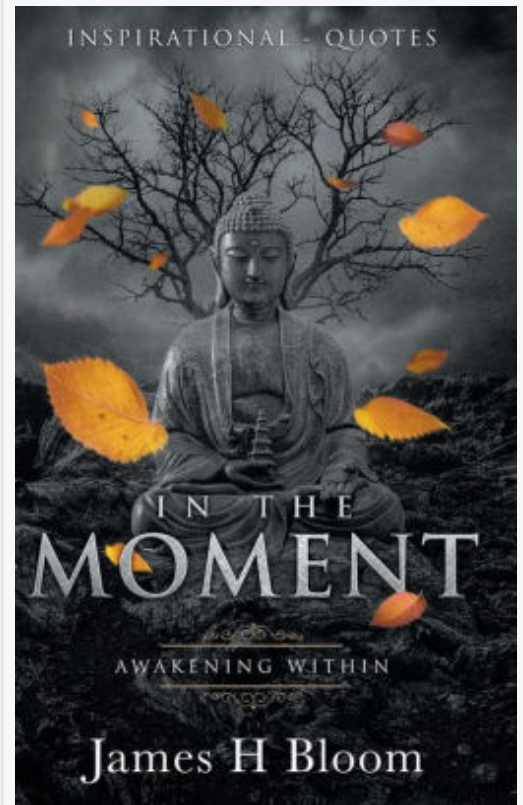
LOS ANGELES, CALIFORNIA, UNITED STATES, August 17, 2018 /EINPresswire.com/ -- After sitting down to write down the words which entered his mind, heart, and soul, Portland, Oregon's, [James H Bloom](#) amassed enough material to write a book. Literally. [In the Moment: Awakening Within \(Nook Press\)](#) was recently released by the author, his publicist announced today.

"In December of 2017, images and quotes started flowing into my mind. I began to write inspirational quotes," explained Bloom. "Before long, I had more than 225 of them and they're still coming."

The author says that anyone who meditates now has another option for starting their days empowered, encouraged, and with a dose of knowledge. Bloom was quick to add that the book is for anyone who appreciates its value.

Bloom spoke of his creative genesis.

"My journey started at age, six after I had a spiritual experience in the spring of 1956," stated James Bloom. "A male voice came to me. In 1996, I was awakened with clarity and focus."



James H Bloom

In the Moment: Awakening Within is available worldwide at Barnes and Noble and Amazon.

Book details

- In the Moment: Awakening Within
- Publisher: Nook Press; Inspiration Quotes ed. edition
- Language: English
- ISBN-10: 1538079321
- ISBN-13: 978-1538079324
- Product Dimensions: 6 x 0.5 x 9 inches

ABOUT JAMES H BLOOM

James H. Bloom was born in Louisville, Kentucky on December 7, 1950, and currently resides in Portland, Oregon. Immediately born an orphan, James became a ward of the court and raised in foster care. When he was 4-years-old, he was legally adopted. At the age of 17, he joined the

Marine Corps and served for two years. Following an honorable discharge, James embarked upon a 42-year, heavy construction and production fabrication career. He remains happily married to his wife of 48 years, Diana. and they live in Portland Oregon. For media opportunities, please contact [Fran Briggs](#), Publicist to James H. Bloom.

Fran Briggs
eMediaCampaigns!
9282751642
[email us here](#)

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