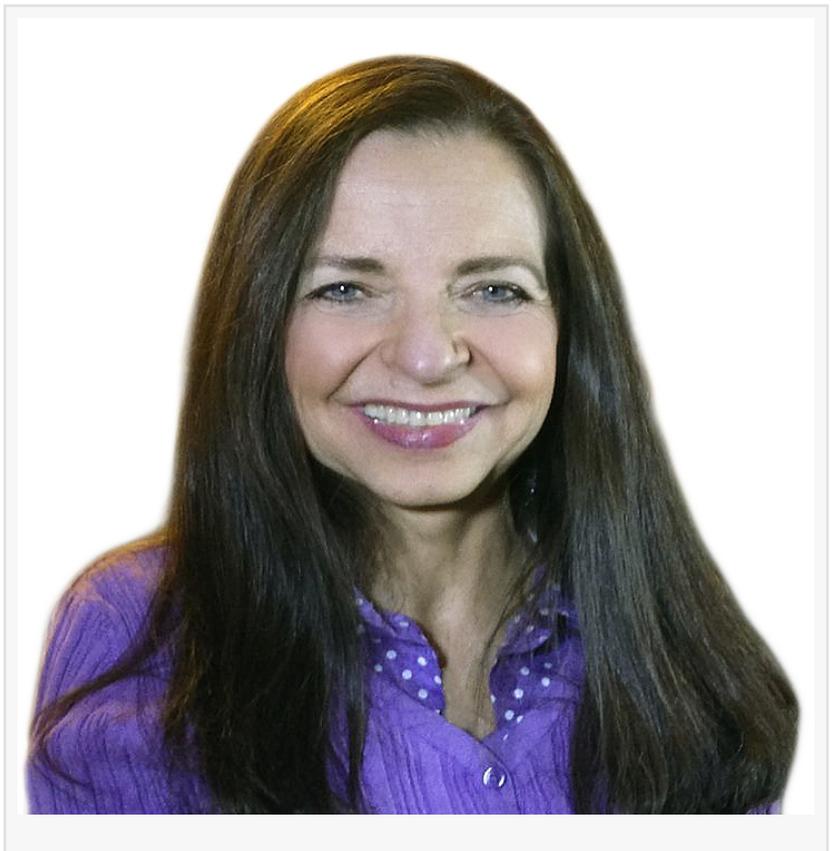


Wellness Advocate and Quantum Success Coach Nada Howarth to be Featured on CUTV News Radio

BRIGHAM CITY, UTAH, UNITED STATES, August 27, 2018 /EINPresswire.com/ -- Nada Howarth has a unique ability to coach and help others heal themselves, a gift discovered during the course of her own healing when Nada realized she no longer wanted to bring trauma or abuse into her life. Nada believes understanding polarity can be the key to change for most of us; starting from a point of what you don't want can help you realize what it is that you do want in your life. Polarity is a universal law that says if there is darkness there is light. The Law of Attraction is another universal law that says as you think, so you become, or like attracts like. These universal laws are as real as gravity and create the foundation of how all life functions. The Laws of Attraction is one of several coaching and wellness specialties in which Nada has become a master practitioner.



Nada is also a Reiki Master who channels the primal energy from which we are all created and facilitates healing for clients. By changing their perspective, helping them become open to their unlimited beliefs, releasing blockages and discovering what their energy resonates with, people are able to grow and create their own healing. Each time Nada starts with a client it is different, and divinely-guided. Sometimes she taps into the energy in person, other times it's done remotely, and she may incorporate crystals and time-tested energy techniques and processes. Regardless, it is always powerful, individualized and based upon findings about energy and the quantum field. Everything is energy according to Quantum Physics, and we are really only 4% physical matter and 96% spirit or energy. Scientists have yet to find the smallest particle of matter.

Nada was hand-selected to train under Christy Whitman, a noted trainer and speaker who runs the international coaching organization known as Quantum Success Coaching Academy (which gave rise to more than 3,500 certified Laws of Attraction coaches.) They all share a deep desire to understand and apply the universal laws related to attraction, abundance, and detachment; to awaken the light body; and to bring dreams into reality.

Besides coaching, instructing and healing, Nada's full complement of wellness services includes essential oils and guided meditations. Collectively, they are known as Nada's Essentials. Knowing

the level of awareness CUTV News listeners possess, Nada is offering them access to a recording of her meditations. They are digitally-mastered and set to music in a way that will help people easily connect with their authentic self. To sign up for this free gift, visit www.nadasessionals.com, click the free gift widget on the right, then enter your name and e-mail.

Nada has become internationally recognized from teaching and mentoring people for the Academy, and also for coaching and doing energy healing with people in many countries beyond the US -- Australia, Germany, Pakistan, India, Greece, Hong Kong, Poland and Sweden to name a few. She participated in the Authentic Woman Summit, Money Fitness Summit, and other conferences and also appeared on Purpose Talk Radio. She would love to guide more people on how to bring pure energy into their life, ground it in the physical manifestation and move towards new happiness, success and health. Nada stresses that what you create all starts with this moment.

CUTV News will feature Coach Nada Howarth of Nada's Essentials in an interview with Doug Llewelyn on Monday, August 27 at 4:00pm.

Listen to the Show on [BlogTalkRadio](#)

If you have questions for our guest, please call (347) 996-3380

For more information, please visit <https://www.nadasessionals.com>

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Nada's Essentials

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Reiki Master Teacher

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