

Ouch! Autoinjector Pen Injuries More Common Than You'd Think

SKIN-The Journal of Cutaneous Medicine® Article: A Review of Auto-Injector Pen Safety and Preventative Strategies

NEW YORK, NY, USA, September 11, 2018 /EINPresswire.com/ -- Allergies to insect bites and certain foods are common. Everyone has heard of Epi-Pens and how they can be used to treat the life threatening complications of allergic reactions. However, Epi-Pens and other autoinjector pens can be difficult to use without any experience. They can even be dangerous to the person administering the injection if they accidentally inject themselves instead.

“

With a combination of proper training and design modifications, achieving a decrease in the rate of auto-injector injuries and improper handling appears possible.”

Eduardo A. Rodriguez

A recent article published in [SKIN: The Journal of Cutaneous Medicine](#) states that reports of these Epi-pen injuries have increased over the past decade. The authors start with a surprising scenario – a physician who

accidentally injects himself when trying to inject a patient with an Epi-pen. Both physician and patient were fine, but the incident led the authors to consider 1) how could this have happened and 2) how could it have been prevented?

The review authored by Eduardo Rodriguez BS, et al goes on to discuss safety issues with autoinjector pens, commonly reported injuries of accidental self-injection, review the safety guidelines for use of a common auto-injector pen, and explore preventative strategies to decrease injuries. They suggest that users “take time to familiarize themselves with the variety of auto-injectors used in their respective practice by reading the manufacturer’s guidelines and by practicing with placebo trainers if available.”

The authors close with an optimistic message of “with a combination of proper training and design modifications, achieving a decrease in the rate of auto-injector injuries and improper handling appears possible.”

SKIN: The Journal of Cutaneous Medicine® is a peer-reviewed online medical journal that is the official journal of The National Society for Cutaneous Medicine. The mission of SKIN is to provide an enhanced and accelerated route to disseminate new dermatologic knowledge for all aspects of cutaneous disease.

For more details please visit www.jofskin.org or contact jofskin@gmail.com.

[Link to article](#)

(DOI: 10.25251/skin.2.5.3)

Eduardo A. Rodriguez, BS
University of Texas Medical Branch at Galveston

-
[email us here](#)

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases. © 1995-2018 IPD Group, Inc. All Right Reserved.