

DeBritt Ealey of Striving for Health to be Featured on CUTV News Radio

HERNDON, VIRGINIA, UNITED STATES, August 28, 2018 /EINPresswire.com/ -- The wisdom of preventive medicine has finally been recognized: it's easier to stay healthy and fix things as you go than wait until you are really sick to start paying attention to your health. And no form of preventive medicine is more effective than Traditional Chinese Medicine or TCM.

TCM has been successfully used to treat a wide variety of ailments for over 5,000 years. TCM offers an all-encompassing, more holistic approach to self-care through an integration of acupuncture, herbs, exercise, dietary therapy, along with several other modalities.

Acupuncturist and herbalist DeBritt Ealey is the founder of Striving for Health, a full-service clinic offering a variety of holistic treatments that can successfully address many of the most common issues that people face in today's modern world. Modalities offered at Striving for Health include; Acupuncture, herbal therapy, Cosmetic Acupuncture, Microcurrent, dietary therapy, cupping, moxibustion (moxa), Gua Sha and even needle-free treatments are available for a variety of treatment options.



"TCM can be such a great adjunct to our self-care" says DeBritt. "These wonderful therapies can support the body and resolve a wide range of issues. I recommend that people try it so they can see the difference for themselves. The results can be quite rapid."

As an acupuncturist for 20 years, DeBritt works primarily with allergies and sensitivities along with other internal issues. She often invites her patients to try acupuncture for the first time by having them try her Signature Facial Rejuvenation Treatment. This treatment combines cosmetic & body acupuncture, microcurrent, LED light therapy, facial cupping and facial Gua Sha. This pain free treatment helps to reduce fine lines and wrinkles, stimulate collagen production and tighten lax facial muscles with a more natural approach.

"People want to look and feel their best. Many people turn to Botox and fillers as they get older. That works for some people of course, but I am happy to be able to offer a more holistic alternative that can get results, without the added toxins and chemicals, while getting the skin and body healthier in the process," says DeBritt. "With cosmetic acupuncture, we must look at the underlying conditions that are causing some of the cosmetic issues. In order to get the best

results, the whole body needs to be addressed when doing a cosmetic treatment.”

Of course, acupuncture is just one aspect of TCM. Another is herbal treatments. Herbs are the original medicine and they are still used in every country of the world today. Over 75% of pharmaceuticals are derived from plants in some way. There are many great herbal formulas available that can be used to successfully treat a wide variety of symptoms, offering a natural treatment option.

DeBritt also produces her own line of organic and herbal-based face and body care products through [Spencer St. Botanicals](#).

“I have so many highly sensitive patients, and I couldn't find anything that was clean enough for them to use without causing symptoms,” says DeBritt. “Many of the ingredients used in most body care products can be quite harmful, and since they have to sit on a shelf for a while, some ingredients that are used to keep things shelf stable can also have an adverse effect on the body. So, I started making my own super clean products for my clients which are freshly made to order.”

“It makes me really happy when I can help someone with an issue that is interfering with their daily lives and make it better for them” says DeBritt. “If when they leave they feel good, they can go back to whatever their life has to offer. It has really been rewarding for me to be able to help people throughout the years.”

CUTV News Radio will feature DeBritt Ealey in an interview with Jim Masters on August 30th at 2pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information, visit <http://www.strivingforhealth.com> and <http://www.spencerstbotanicals.com>



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