



# Menopause In The Workplace

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*Inaugural Event to Educate on World Menopause Day*

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Bristol-based menopause expert Lauren Chiren will host a conference to mark World Menopause Day 2018 at Airbus on 18th October. The event is aimed at business owners, corporate leaders and HR directors and will consist of talks, panels and open table discussions.

“Menopause affects over 5 million working women every day. Many female employees are suffering in silence. This event will provide the information you need to create an inclusive workplace for women at this stage of their lives. In partnership with Airbus, Lloyds Banking Group and Genderbuzz, we will be discussing managing menopause in the workplace, and why businesses need to nurture women after 40” Lauren Chiren, Founder of [Women of a Certain Stage](http://www.womenofacertainstage.com/)

Panellists confirmed so far include Wendy McGuinness and Adelle Martin of Lloyds Banking Group and Claire Farrow Programme Manager and Diversity & Inclusion Lead - Outsource UK from Outsource

Claire commented “I spend a lot of my time talking to businesses about the importance of inclusion when supporting a diverse workforce and research has shown that ensuring ‘a sense of belonging’ should take prime position for any business serious about employee engagement. A recent meeting with Lauren has opened my eyes to the potential impact menopausal symptoms could have on an ENTIRE workforce and strongly believing that achieving total Inclusion, should mean supporting EVERYONE, I feel honoured and delighted to have been asked to be a part of the World Menopause Day Event with Women of a Certain Stage, to personally learn more about this important topic, and to help keep the conversation going”

Natasha Stromberg from Genderbuzz explains “Genderbuzz is supporting Women of a Certain Stage on ‘World Menopause Day’ because we believe that women of all ages should be valued and supported at work. When we enter our 40’s we start to reap the rewards of years of learning and hard work. But for women, this also coincides with a time of great hormonal change which can be very disruptive. By working with companies, Women of a Certain Stage are helping to make sure that Female talent remains within the workforce through their 40’s and beyond.”

For more details

<https://www.womenofacertainstage.com/>

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