

Lorraine Painter to be Featured on CUTV News Radio

MOUND, MINNESOTA, UNITED STATES, September 4, 2018 /EINPresswire.com/

-- So many people suffer from chronic pain that arise from debilitating afflictions such as arthritis, fibromyalgia, headaches and joint pain. Daily stresses keep people in a constant state of "fight or flight" response, which takes a toll over time on muscle tension and immune systems. Turning to drugs and medications in desperation has had tragic consequences for millions of people all over the world. What if there is one particularly compassionate and exceptionally skilled individual working tirelessly to assist others heal in a natural effective way with the miraculous use of energy medicine?

Lorraine Painter is a holistic health and wellness provider, and founder and owner of her remarkable practice Care Therapies.



"Healing touch is basically relieving tension from stress or pain into a state of deep relaxation," says Lorraine. "When someone is experiencing such terrible discomfort, their stress consequently worsens their illness. But when that pain is replaced with deep relaxation, the body takes over and does its own healing. So when I perform energy work on clients I'm actually enabling that person to heal."

Before she started healing work, Lorraine held a fast-paced marketing position in the corporate world launching products for companies. When she began learning about the miracles and effectiveness of energy upon retiring, she became determined to pursue a more meaningful life of helping people. The extra benefit was training with kind-hearted acquaintances that would further inspire and motivate her.

"A whole new world has opened up for me," says Lorraine. "Utilizing talents that are so much more intuitive, selfless and thoughtful, I have been able to make a profound difference in the lives of so many people with confidence and self-assurance."

Over the past few years Lorraine has volunteered at a trauma one hospital in St. Paul. With an established integrative therapy department, she has been able to work with post-surgery, burn, cancer and stroke patients, and women afflicted with post-partum depression.

"We unwittingly make ourselves sicker by being negative, and we get a sense of well-being by

being optimistic," says Lorraine. "With all the positive feedback from my patients, I have been excited to note how it has changed their outlook on natural remedies. I feel very humbled helping people. It has also helped me heal tremendously in my own life."

Lorraine's sessions include essential aromatherapy oils to clear toxins from her client's bodies, and light massage therapy that provides immense relief.

"We are made of energy and solid matter," says Lorraine. "Energy is what motivates and moves us. As physical, mental, and spiritual beings, these miraculous modalities are extremely and wonderfully effective."

"It's absolutely essential for all individuals to not feel limited," says Lorraine. "People should be mindful there are steps you can take to have superior mind, body, and overall wellness like energy therapy that is positively life-changing. If energy therapy can help you, it can be one more tool in your journey to being all you can be in your life."



CUTV news will feature Lorraine Painter in an interview with Jim Masters Thursday September 6th at 2 p.m. EST.

Listen to the show on [BlogTalkRadio](#).

If you have any questions for our guest, please call (347) 996-3389.

Author: Beatrice Maria Centeno

Lou Ceparano
CUTV News
(631) 850-3314
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases. © 1995-2018 IPD Group, Inc. All Right Reserved.