

Stacey Quade of Energy for Life Connection to be Featured on CUTV News Radio

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EINPresswire.com/ -- Too often in today's world there's a disconnect between conventional medicine and other forms of healing, but thanks to Stacey Quade, a COTA/L, CHTP/I, Herbalist who lives in both worlds, the gap is closing. By applying herbal balms to wounds, using integrative techniques with pain and Dementia patients, and being an active member of a hospital-based health advisory committee on integrative medicine, and sharing her enthusiasm for Healing Touch, Stacey is opening minds to new ways of self-care and healing. Stacey has had a successful home-based practice called Energy for Life Connection since 2002. Stacey and her husband Joseph, who has an MA in PT, unify their therapeutic talents and holistic care interests, enabling them to be a resource for people, and lead them towards physical, emotional and spiritual balance.



Stacey has maintained in-hospital practice (since 1988) as a COTA/L in physical disabilities rehabilitation, integrating Healing Touch (2002)—a relaxing, nurturing, heart-centered therapy that uses gentle manipulation of the bio-field to help people. Those who are not already aware of the bio-field should know that our physical bodies are made up of different layers of energy, and by manipulating them, you can bring all the different vibrational frequencies into harmony. This enables people to change what shows up and (as they are inherently capable to) self-heal. Stacey is also part of the Energy Based Therapy research that is occurring in the hospital where she works.

People of all ages, including parents bringing their children, come to Stacey with all types of imbalances—nerve pain, dementia, PMS/hormones, migraines, abnormal cell growth, orthopedic or cardiac issues, ADHD —and she asks, “how can I be of service, and what do you want to shift?” Then Stacey will do a full consult, examining different aspects of their lives, offering herbal and nutritional support, assisting them with postural or exercise regimes, and applying the energy-based techniques she studied with Healing Touch. It’s all part of a holistic approach, and custom-tailored for that individual’s exact needs and constitution.

A quick look at her website explains the diversity of services Energy for Life Connection offers, including seminars on the standard curriculum of Healing Touch and various holistic topics.

There is also an array of balms, creams, tinctures, and even vinegars for sale that Stacey creates as an Herbalist. She wildcrafts and grows many of the ingredients, and responsibly sources any others. Stacey says she has no favorite, as each herb or flower has its own healing purpose, but that lemon balm is tolerated by nearly everyone, and can also be grown easily at home in a pot.

Stacey enjoys being a Healing Touch Instructor and every aspect of what she does. It's not just about me or my practice, she says, it's to educate people about how much control/ownership they have over their own wellness; and to make a difference for the community—and far beyond.

CUTV News will feature Stacey Quade of Energy for Life Connection in an interview with Jim Masters on Wed., September 19 at 12:00 noon (EDT)

Listen to the Show on [BlogTalkRadio](#)

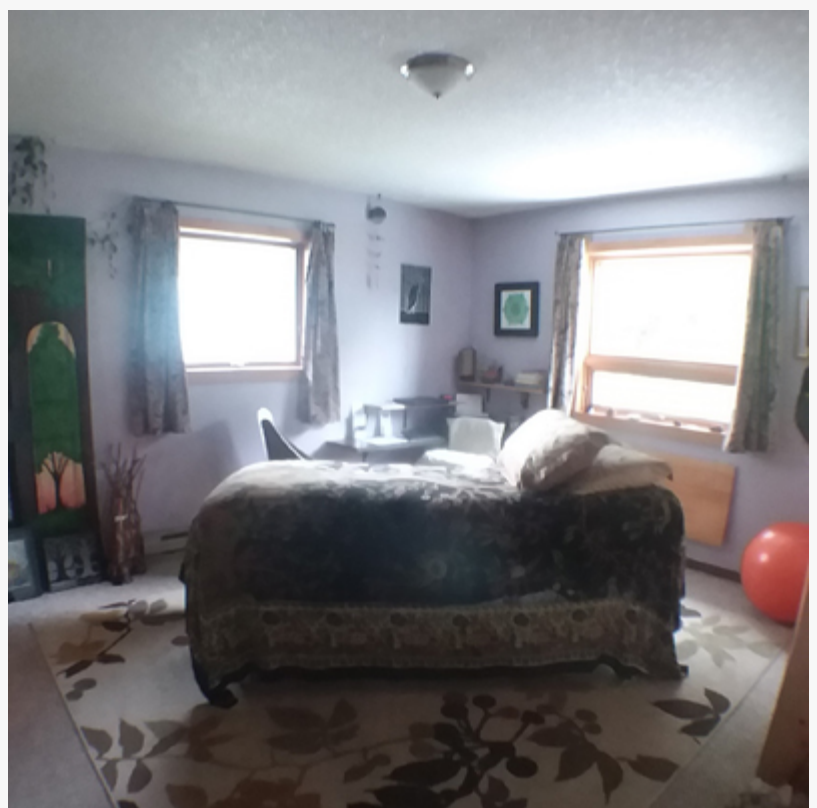
If you have questions for our guest, please call (347)996-3369

For more information about Healing Touch or Stacey's herbal remedies, visit her website:

www.energyforlifeconnection.com

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