

Former NBA Star and Arizona Librarian Celebrate Breastfeeding and Animal Babies through Children's Literature

Watercolor illustrations of animal families promote science education, attachment, and healthy attitudes toward breastfeeding in new children's book

WASHINGTON, DC, UNITED STATES, September 17, 2018 /EINPresswire.com/ -- Platypus Media announces the release of a stunning new children's book, <u>Babies Nurse</u>, by Phoenix author and elementary school librarian, Phoebe Fox. The author's father-in-law, former NBA star Jim Fox, created the vibrant watercolor illustrations to capture a child's attention and introduce the most natural and loving of activities—mothers nursing their young.

Rhythmic text and engaging facts provide parents, librarians, educators, and healthcare professionals with new ways of sharing the importance of breastfeeding. The back matter extends learning with pages of fascinating animal facts and key words. This book serves as a springboard to introduce natural science concepts such as habitats, biology, survival instincts, and classification.

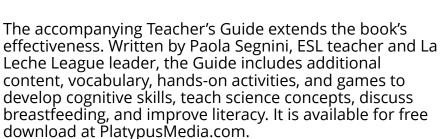
"What a gentle book" writes Dr. Harvey Karp, author of The Happiest Baby on the Block. "It nurtures a

child's empathy for others and opens their eyes to the world of nature. Very sweet and educational."



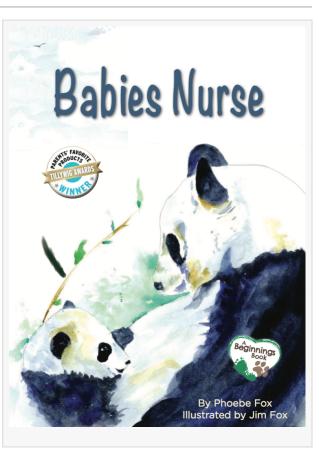
It is extremely important for children to learn that nursing is natural and normal. With its gorgeous illustrations, Babies Nurse beautifully represents the art of breastfeeding."

Katie Finney, R.N., NICU Nurse



Jack Newman, M.D., author of The Ultimate Breastfeeding Book of Answers, writes, "With a poem for each mammal (including the human baby), Babies Nurse appeals to a child's love of rhythm and rhyme. Young children learn

through imitation, and seeing all of these mother animals nursing their babies helps kids understand how normal breastfeeding is."



Kristin Struble, M.D., FAAP, pediatrician and mother, explains how the book builds positive images around breastfeeding, saying, "This beautiful children's book magnificently demonstrates the natural and instinctual connection between a mother and her young. Breastfeeding is the first step in cultivating a healthy mind, gut, and spirit for both mommy and her little ones."

Babies Nurse will be released simultaneously in hardback, paperback, and eBook. The bilingual (English/Spanish) edition, Babies Nurse

Así se alimentan los bebés, was released in June 2018 to much acclaim. It has already won a Tillywig "Parents' Favorite Products" award and was recommended by Foreword Magazine and Kirkus Reviews.

Babies Nurse can be purchased in a two-book set with another new release, Cuddled and Carried. Together, these books about care and bonding create a foundation for healthy growth, introduce science topics, and promote breastfeeding and attachment. Both titles are part of Platypus Media's new Beginnings collection.

Phoebe Fox wrote this book to show children the warmth and beauty of nursing. To ensure this book directly supports breastfeeding promotion, she arranged for a percentage of the profits to be donated to La Leche League, International. This is her third book. Fox lives in Phoenix, Arizona with

Dolphin nurses in the sea. guarded by her family. Did You Know? HORSE BABIES: FOALS Horses are follow mammals, meaning the young walk soon after birth and follow mom wherever she goes, feeding when they can Foals nurse for three to four months before switching to solid food. Adult horses eat about 16 pounds of hay each day. nostrils, not their mouth. Horses can't vomit or burp. Horses gallop at about 27 miles per hour (44 kph). When galloping, all four legs come off the ground at the same time TIGER BABIES: CUBS Tiger moms usually have three to four cubs in a litter. Cubs drink only mother's milk for their first six to eight weeks and then begin to eat solid food. After six months they learn how to hunt by following mom Tigers are the largest members of the cat family. Unlike their smaller cousins, tigers cannot purr. Instead, big cats roar. No cat can do both. All tigers have a unique stripe pattern that helps others identify them These stripes aren't just on their fur—their skin is striped, too Tigers are excellent climbers, but their long, curved claws can't support their weight on their way down, forcing them to crawl backwards or jump MONKEY BABIES: INFANTS . There are over 250 species of monkeys. They live on every continent except Australia and Antarctica. Different species vary in size, diet, The smallest monkey is the pygmy marmoset, which is only 5 inches (12 cm), about the size of a can of soda. The largest is the mandrill, which can grow to over 3 feet (1 meter). Monkeys are very social. They hold hands and groom one another, which helps build relationships and reinforce social structures in nunity, or "troop," "New World" monkeys, who live mostly in trees, have prehensile tails which they can use to hold and grasp objects like a third hand.

her husband and their three sons. She can be reached at PFox@PlatypusMedia.com.

Jim Fox makes his artistic debut with Babies Nurse. He is retired from the NBA, where he played most recently for the Phoenix Suns, and now enjoys creating watercolor art. Father-in-law to Phoebe, and grandfather of five, Jim lives in Phoenix, Arizona. Contact Jim at JFox@PlatypusMedia.com.

Platypus Media is an independent press that creates products with a broad appeal to diverse families who believe in the importance of close family relationships for the full and healthy development of children. The publisher is committed to the promotion and protection of breastfeeding, and donates a percentage of profits to groups that work in this field.

Platypus Media products are available for direct purchase. They are distributed to the trade by National Book Network. Library bound editions are available from Children's Plus. Review copies

available upon request. Sample pages, cover scans, and Teacher's Guide available at PlatypusMedia.com.

Babies Nurse Platypus Media • October 2018 Written by Phoebe Fox • Illustrated by Jim Fox English • Ages 4-7 • 8.5" x 11" • 32 pages Hardback (\$14.95) ISBN 13: 978-1-930775-61-9 Paperback (\$9.95) ISBN 13: 978-1-930775-71-8 eBook (\$8.99) ISBN 13: 978-1-930775-75-6

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Nurtured and Nuzzled paperback book set (\$17.95) Includes Babies Nurse and Cuddled and Carried English ISBN 13: 978-1-930775-45-9 Bilingual ISBN 13: 978-1-930775-75-6

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