

Niki Harings of Evolve Wellness to be Featured on CUTV News Radio

LAS CRUCES, NEW MEXICO, UNITED STATES, September 20, 2018 /EINPresswire.com/ -- Mary Morrissey, founder of the Life Mastery Institute, said, "The content of our life is the curriculum for our evolution." Indeed, our experiences are the platform from which we learn and grow. With the right intention, we can navigate even the most difficult challenges in our lives and be changed for the better.

Niki Harings is a Life Mastery Institute certified coach and the founder of Evolve Wellness, where she offers life coaching, yoga, reiki and essential oils to help her clients improve their overall quality of life. Niki supports individuals as they become more aware, awake and aligned with their purpose through a holistic approach.

"I believe our bodies and our life are a process, always changing, and so we need to be nourished not just by food, but also through our experiences," says Harings. "When I stumbled on the life mastery institute, every cell of my being resonated with yes, this is the right path. This way I could still really help people and connect with people and help them explore what it is they love and what would support them, what would keep that fire lit for them over time."



Niki herself is a living testament to the power of her work. This past May, Niki's doctors discovered a mass in her throat off her left tonsil. Niki was diagnosed with stage 3 squamous cell carcinoma while 36 weeks pregnant.

On June 5, Niki had her baby. On June 7, she had a tonsillectomy. On June 8, doctors imaged her throat to determine exactly where her cancer was.

"I look back on this journey and see there's something bigger that I can help support people with," says Niki. "I've had a few clients that have had cancer before, but now that I've actually navigated this unpredictable journey myself, I feel a real calling to speak my truth and help other women like me.

'Everybody's story is different. Everybody's bodies are so different, every cancer experience is incredibly different, but it's doable. It's something you know if you are fortunate enough to come out on the other side, you're going to be changed. We want to be able to move through it, feel it

completely and learn everything it came here to teach us, and welcome the birth of this new person you've become."

Niki finished treatment last month. Today, baby Aliah is four months old and thriving. Niki says she's the best medicine.

"It's definitely a challenge, but I'm grateful that she's as young as she is, that she won't remember this little part, and pretty soon it will be our journey together," says Niki. "I'm really excited about that."

CUTV News Radio will feature Niki Harings in an interview with Jim Masters on September 24th at 1pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Evolve Wellness, visit www.evolvewellness.org

Lou Ceparano
CUTV News
(631) 850-3314
[email us here](#)



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