

Austin Celebrates Corporate Wellness at 2018 Fall Fit Company Challenge

Teams from companies in Austin show the impact of their wellness programs by training for and conquering a 3-course fitness challenge hosted by Fit Company.

AUSTIN, TEXAS, USA, September 20, 2018 /EINPresswire.com/ -- On September 8, 2018 participants from companies located in the Austin area took part in the [Fit Company Challenge](#), a corporate wellness event hosted by the Fit Company Institute. The challenge provided area companies an opportunity to come together as a team and spend a morning exercising, pushing their physical and mental limits and showing the importance of living a healthy lifestyle. Companies split their team into squads of 3 to 4 people who worked together to complete a variety of fitness stations to challenge their fitness level and earn points for their company. Teams chose what level to go through each course which allowed participants of all fitness levels to push their physical fitness without going too far out of their comfort zone.

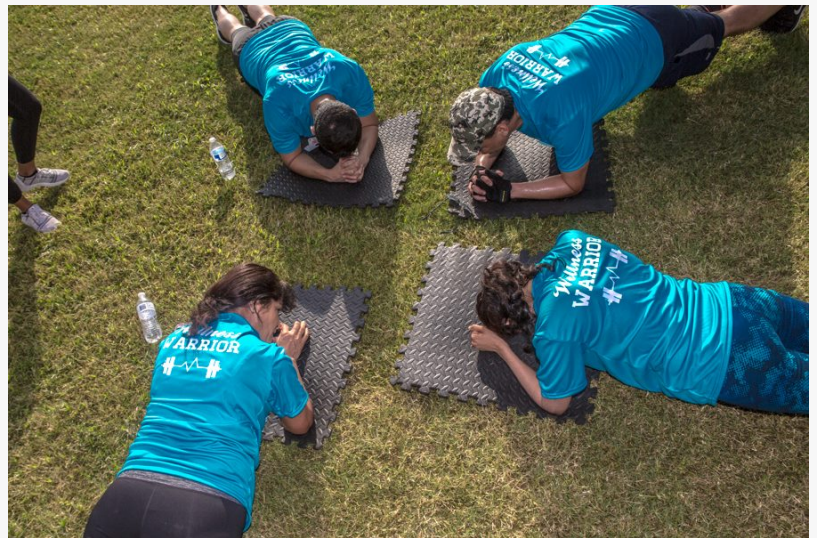
On event date, volunteers assisted the contenders through the courses from Texas State University, RightFit Personal Training (www.rightfitpersonaltraining.com), Knockout Fitness

(www.knockoutaustin.com), and BSA Sports (bsa-sportslab.com). Participants challenged their strength, conditioning, power, agility, and ended with a test of endurance to show their companies and colleagues that they practice what they preach.

The challenge was held at Krieg Athletic Complex, located a short drive from downtown Austin.

The following is a list of the top finishers in Austin that participated in the 2018 Fall Fit Company Challenge:

Top Companies by Division



Large Division

- 1) The Carlson Law Firm
- 2) Forcepoint

Medium Division

- 1) Hayes Software Systems
- 2) Maxwell Locke & Ritter
- 3) Austin Retina Associates

Small Division

- 1) Sense Corp
- 2) OpenSymmetry
- 3) Wentwood
- 4) Torchy's Tacos

Micro Division

- 1) Juice LLC
- 2) BSA LifeStructures
- 3) Red Velvet Events
- 4) Austin Fraser

Top Teams Overall (Based on Total Points)

- 1) Sense Corp - #2549
- 2) Hayes Software Systems - #2539
- 3) Juice LLC - #2484 (Tie)
- 3) Providence Partners - #2505 (Tie)
- 5) Wentwood - #2467 (Tie)
- 5) Hayes Software Systems - #2542 (Tie)
- 7) Hayes Software Systems - #2541
- 8) BSA LifeStructures - #2474
- 9) Maxwell Locke & Ritter - #2535
- 10) American Innovations, LTD. - #2469
- 11) American Innovations, LTD. - #2471 (Tie)
- 11) The Burt Group - #2482 (Tie)
- 11) Forcepoint - #2563 (Tie)
- 14) BSA LifeStructures - #2473 (Tie)
- 14) The Carlson Law Firm - #2496 (Tie)

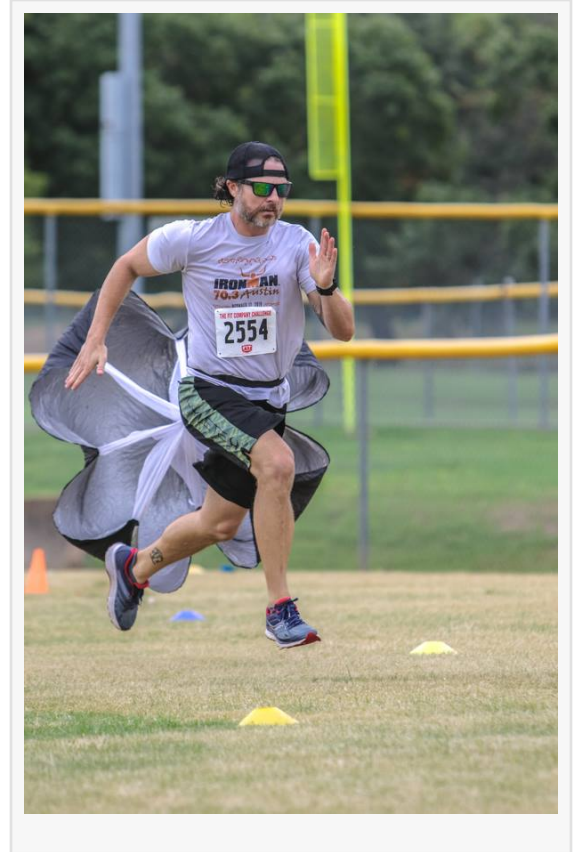
Top Teams By Course

Course 1 – Level 2

- 1) #2539 - Hayes Software Systems
- 2) #2549 - Sense Corp
- 3) #2467 - Wentwood
- 4) #2542 - Hayes Software Systems

Course 1 – Level 1

- 1) #2505 - Providence Partners
- 2) #2489 - Shop LC
- 3) #2496 - The Carlson Law Firm
- 4) #2473 - BSA LifeStructures (Tie)
- 4) #2540 - Hayes Software Systems (Tie)



Course 2 – Level 2

- 1) #2563 - Forcepoint
- 2) #2539 - Hayes Software Systems
- 3) #2459 - Austin Fraser
- 4) #2541 - Hayes Software Systems

Course 2 – Level 1

- 1) #2482 - The Burt Group
- 2) #2496 - The Carlson Law Firm
- 3) #2460 - Austin Fraser
- 4) #2505 - Providence Partners

Course 3 – Level 2

- 1) #2484 - Juice LLC (Tie)
- 1) #2549 - Sense Corp (Tie)
- 3) #2554 - Q1Media
- 4) #2550 - Sense Corp

Course 3 – Level 1

- 1) #2555 - Q1Media
- 2) #2462 - OpenSymmetry
- 3) #2474 - BSA LifeStructures (Tie)
- 3) #2505 - Providence Partners (Tie)

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This press release can be viewed online at: <http://www.einpresswire.com>

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