

# Marilyn El-Abidin to be Featured on CUTV News Radio

WALL, NEW JERSEY, UNITED STATES, September 26, 2018 / EINPresswire.com/ -- In our everyday lives we battle tremendous health issues from fatigue, depression, to serious illnesses. With so much pollutions in our air, toxins we use that harm our planet, and unnatural foods we consume the reality is it's making us seriously ill and costing many lives. If we get a serious wake- up call this could be the push we need to make a change we so desperately need.

Marilyn El-Abidin is a poet, author, holistic healer, Reiki Master, IET Master, and QHHT Practitioner. Marilyn is also the owner and founder of Earth Love Now where she designs and sells beautiful greeting cards with inspiring messages to encourage all humans to work towards living on a sustainable green healthy planet.



Marilyn's own life transformational journey towards optimal health and wellness began over nine years ago when she had an unexpected scare with breast cancer due to benign breast calcification. Having never heard of calcifications this prompted Marilyn to do research and was overwhelmed to discover it comes from improper absorption of magnesium and calcium pertaining to toxic household chemicals.

"I started to adopt a new life style making my own toxic free laundry detergent, cleaners, and fabric softener using powerful natural sources like lemon," says Marilyn. "When I realized how wonderfully effective it was I thought 'Wow you can go green and save money at the same time, people should know about this!'"

With Marilyn's greeting cards she is genuinely able to express her wonderful creativity and her insightful life-changing ideas. Beautifully illustrated, her greeting cards contain inspiring messages, such as sunflowers and wildflower seeds encouraging people to plant them in a place that needs a smile.

"I write thought provoking poetry like healthy recipes," says Marilyn. "Including how to make hairspray out of orange peels and lavender infused deodorant which is not only so simple but highly effective."

Marilyn strongly encourages people to meditate every day for relaxation and harmonious well-

being. She also believes in the power of eclipses and full moons based on her own extraordinary, positive experience. She is currently working on a book entitled "Meditations with the Moon," and has trained at the NY Center for Hypnosis and with the acclaimed author Delores Cannon. Currently Marilyn is enrolled in an MA for Holistic Health at Georgian Court University. Soon she will be marketing a new herbal cream made with sage called "Sage Clearing Cream for Energy Healers".

"If you are feeling dejected please be mindful you have every tool inside of yourself to bring yourself out of it and be happy," says Marilyn. "When you empower yourself you shift from being a fragile victim to owning your reality and that happened to me. Everyone can live a life that is full of joy and be inspired to greatness."

CUTV News Radio will feature Marilyn El-Abidin in an interview with Jim Masters on Wednesday September 26th at 1 p.m. EST.

Listen to the show on [BlogTalkRadio](http://BlogTalkRadio)

If you have any questions for our guest please call (347) 996-3389

For more information on our guest please visit [www.earthlovenow.com/](http://www.earthlovenow.com/)

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