

Karen Johannsen to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- When most people think of the full moon they usually associate it with people going a bit nuts or acting out in some way. The truth is the moon's energy has a spiritual purpose that is directly related to an astrological alignment that takes place each month on the day of the full moon. Karen Johannsen is an extraordinary individual that can educate us on how we can reap the benefits of the full moon's magic.

She is also a retired psychotherapist, Reiki Master, and author of the book and card deck, "Full Moon Magic."

"My passion and purpose is to instruct people about the spiritual significance of the full moon," says Karen. "We can use the energies of the full moon to heal ourselves and the planet if we understand how it works. In my book and card deck I explain how to work with the astrological signs of each month in a way that will uplift and heal."



After retiring from successful careers as a teacher, real estate agent and a therapist, Karen began holding full moon ceremonies in her home to help people understand the amazing alignment that takes place each full moon period between the sun, moon, earth and the constellation. "This alignment creates a portal, a doorway, that brings the spiritual realms very close to us, and we become receivers of all of that energy from the constellation and the planets," says Karen. "We can connect with our guides, teachers, and angels and gain vital insight, guidance, new perspectives, and ideas to bring into the world to help humanity."

When we mediate and open ourselves to this energy we can experience expansions of our own consciousness allowing its power to enter the world as a healing force.

The five-day period around the full moon involves two days of preparation to raise our vibrations, so that the energy of the full moon will stimulate the highest that is within us. Then the day of contact, in which we open ourselves to receive those energies. The following two days we become aware of ourselves as a radiatory influence, distributing the energies outward into the world.

CUTV News Radio will feature Karen Johannsen in an interview with Doug Llewelyn on

Wednesday October 3rd at 3pm EST

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389

Links:

For Full Moon Magic book and card deck: www.theoneheart.org

For audio recordings package, or mentoring information:

www.soulbridging.com/fullmoonceremony/

To contact Karen to be notified of the publication of her new book, My Gentle Musings:

theoneheartinfo@gmail.com

To sample her blogs: www.mygentlemusings.wordpress.com

Author: Beatrice Maria Centeno

Lou Ceparano

CUTV News

(631) 850-3314

[email us here](#)

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