

Denver Celebrates Corporate Wellness at 2018 Fall Fit Company Challenge

Teams from companies in Denver show the impact of their wellness programs by training for and conquering a 3-course fitness challenge hosted by Fit Company.

DENVER, COLORADO, USA, October 3, 2018 /EINPresswire.com/ -- On September 22, 2018 participants from companies located in the Denver area took part in the [Fit Company Challenge](#), a corporate wellness event hosted by the Fit Company Institute. The challenge provided area companies an opportunity to come together as a team and spend a morning exercising, pushing their physical and mental limits and showing the importance of living a healthy lifestyle. Companies split their team into squads of 3 to 4 people who worked together to complete a variety of fitness stations to challenge their fitness level and earn points for their company. Teams chose what level to go through each course which allowed participants of all fitness levels to push their physical fitness without going too far out of their comfort zone.

On event date, volunteers assisted the contenders through the courses from The Rebel Workout (www.therebelworkout.com), and Branch Fitness

(www.thefitnessbranch.com). Participants challenged their strength, conditioning, power, agility, and ended with a test of endurance to show their companies and colleagues that they practice what they preach.



The challenge was held at Crescent Park, located a short drive from downtown Denver.

The following is a list of the top finishers in Denver that participated in the 2018 Fall Fit Company Challenge:

Top Companies by Division

Large Division

1) Cochlear Americas

Medium Division

1) Vivax Pros

Small Division

1) Hunter Douglas Window Fashions

2) Platte River Networks

3) Applewood Plumbing Heating & Electric

4) Welltok, Inc

Micro Division

1) Elite Roofing

2) Elevations Credit Union

3) Catamount Constructors

4) MKK Consulting Engineers, Inc.



Top Teams Overall (Based on Total Points)

1) Vivax Pros - #2606

2) Vivax Pros - #2610

3) Vivax Pros - #2607

4) Vivax Pros - #2608

5) Vivax Pros - #2609 (Tie)

5) Welltok, Inc - #2650 (Tie)

7) Applewood Plumbing Heating & Electric - #2612 (Tie)

7) Platte River Networks - #2631 (Tie)

9) Elite Roofing - #2619 (Tie)

9) Welltok, Inc - #2648 (Tie)

11) Hunter Douglas Window Fashions - #2624

12) Applewood Plumbing Heating & Electric - #2611 (Tie)

12) Cochlear Americas - #2643 (Tie)

14) Elevations Credit Union - #2605 (Tie)

14) Elite Roofing - #2616 (Tie)

14) Cochlear Americas - #2640 (Tie)

Top Teams By Course

Course 1 – Level 2

1) #2606 - Vivax Pros

2) #2607 - Vivax Pros

3) #2608 - Vivax Pros

4) #2610 - Vivax Pros

Course 1 – Level 1

1) #2631 - Platte River Networks

2) #2612 - Applewood Plumbing Heating & Electric (Tie)

2) #2638 - Cochlear Americas (Tie)

2) #2647 - Cochlear Americas (Tie)

Course 2 – Level 2

1) #2606 - Vivax Pros

- 2) #2608 - Vivax Pros
- 3) #2610 - Vivax Pros
- 4) #2636 - Billtrust

Course 2 – Level 1

- 1) #2611 - Applewood Plumbing Heating & Electric
- 2) #2612 - Applewood Plumbing Heating & Electric (Tie)
- 2) #2640 - Cochlear Americas (Tie)
- 2) #2647 - Cochlear Americas (Tie)

Course 3 – Level 2

- 1) #2650 - Welltok, Inc
- 2) #2610 - Vivax Pros (Tie)
- 2) #2624 - Hunter Douglas Window Fashions (Tie)
- 2) #2648 - Welltok, Inc (Tie)

Course 3 – Level 1

- 1) #2616 - Elite Roofing
- 2) #2631 - Platte River Networks (Tie)
- 2) #2646 - Cochlear Americas (Tie)
- 4) #2605 - Elevations Credit Union (Tie)
- 4) #2612 - Applewood Plumbing Heating & Electric (Tie)
- 4) #2628 - Catamount Constructors (Tie)

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