

# The Benefits of Agaricus blazei Murill (AbM) when Combined with Fucoidan (a Potent and Beneficial Brown Seaweed Extract)

*Some of the most incredible health benefits of Agaricus blazei Murill include relief from chronic fatigue, blood sugar balance and increased immunity.*

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/EINPresswire.com/ -- The edible Basidiomycetes mushroom [Agaricus blazei Murill](#) is used in traditional medicine against cancer and various diseases. It is shown to be rich in immunomodulating substances such

as highly branched  $\beta$ 1,3-/1,6-glucans and proteoglycans. The mushroom Agaricus blazei Murill is also shown to contain agaritine and ergosterol (provitamin D2) that is found to induce apoptosis in leukemic cells and inhibit tumor-induced angiogenesis, respectively, as well as isoflavonoids with potent hypoglycemic action that could be useful against diabetes mellitus.

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You should not use this information to diagnose or treat any health problems or illnesses without consulting your physician. Please consult a doctor with questions you may have about your condition.”

*Dr. Susana Trujillo*

Agaricus blazei Murill is reported to have antitumor properties in mouse models of fibrosarcoma, myeloma, ovarian, lung, and prostate cancer, and in human studies against gynecological cancer (increased NK cell activity and quality of life) and leukemia.

Some of the most incredible health benefits of Agaricus blazei Murill include relief from chronic fatigue (more energy), blood sugar balance, improved mood, lowered blood pressure, increased libido, and increased immunity. The Memorial Sloan Kettering Cancer Center also cites

Agaricus blazei Murill as a remedy for conditions like arteriosclerosis (the thickening and hardening of arteries), hepatitis, dermatitis, hyperlipidemia (elevated triglyceride levels), high cholesterol, and obesity. Agaricus blazei Murill like [Fucoidan](#) (Mozuku Fucoidan, Mekabu Fucoidan and Fucus Fucoidan) stands out in the scientific literature is in the area of cancer, for which its efficacy is as impressive as Fucoidan's.

The two primary ways in which Agaricus blazei Murill is reported to prevent cancer is through immunosuppression, an improvement in the immune response; and direct inhibition of angiogenesis, the process by which cancer tumors form new blood vessels to supply them with food. Through these two methods of action, Agaricus blazei Murill has shown incredible promise in the research for anti-cancer drugs. As you can see, the mechanism of action of Agaricus blazei Murill is as beneficial as the ones [Fucoidan \(Mozuku Fucoidan, Mekabu Fucoidan and Fucus Fucoidan\)](#) provides. By combining these two potent ingredients, the body can benefit from both and to create a synergy that will benefit the immune system even more.



Studies have shown that Fucoïdan (Mozuku Fucoïdan, Mekabu Fucoïdan and Fucus Fucoïdan) may be beneficial in naturally treating various types of cancer, including drug-resistant human hepatocellular carcinoma, non-lymphocytic leukemia, prostate cancer, breast cancer, liver cancer, among others. Fucoïdan's unique ability to improve the activity and function of natural killer (NK) cells, which go after cancer cells to destroy them, is one of the reasons why Fucoïdan (Mozuku Fucoïdan, Mekabu Fucoïdan and Fucus Fucoïdan) possesses this capability. Fucoïdan and the Agaricus blazei Murill mushroom's natural ability to stimulate the body's innate immune system is highly beneficial for general health maintenance and prevention of cancer.

Overall, Fucoïdan (Mozuku Fucoïdan, Mekabu Fucoïdan and Fucus Fucoïdan) and Agaricus blazei Murill made from the fruiting body of the mushroom is considered a safe and effective health-supporting ingredient that can be used in dietary supplements. The combination of Fucoïdan and Agaricus blazei Murill exhibits no side effects if consumed together, and they have extensive research in their efficacy in many applications. Both ingredients, Fucoïdan and Agaricus blazei Murill, are strong candidates that could be used in both traditional medicine and in functional food therapies.

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