

Dr. David Anthony Miranda offers behind the scenes look at medical wellness and fitness clinic

With medical wellness and fitness clinics becoming more in demand, physicians are increasingly catering to the needs of their patients from private facilities

WEST LAKE HILLS, TEXAS, UNITED STATES, October 5, 2018 /EINPresswire.com/ -- One such medical wellness and fitness clinic is physician-owned Fit-Life MD in San Antonio, Texas. Founded in 2013, the well-equipped clinic offers in-house lab draws to facilitate their processes, allowing for a one-stop treatment facility centered around a variety of medical and wellness needs, explains [Dr. David Anthony Miranda](#), a partner of Fit-Life MD.



"Fit-Life MD exists as part of what we call our health mission," explains Dr. Miranda. This, he says, sees the wellness and fitness clinic offer a variety of carefully tailored services with an emphasis on quality of care. "We believe every patient should receive exactly the care and attention which he or she requires and deserves," Dr. Miranda adds.

A focus on experience and professionalism sees Fit-Life MD's highly qualified medical team assess and create customized treatment plans which are exactly right for each client. "We understand the importance of establishing an effective and individualized treatment plan unique to each patient's particular needs and personal goals," explains Fit-Life MD partner Dr. Miranda.

Established by an experienced, board-certified internal medicine physician, Fit-Life MD's team is passionate about promoting a healthy and active lifestyle for each and every patient and client, reveals the Texas-based doctor.

San Antonio's Fit-Life MD markets itself as an all-in-one facility for wellness, fitness, and physician-managed weight-loss. And the clinic and its physicians also focus on testosterone therapy, according to Dr. Miranda.

"When an individual feels like he's running on an empty tank, or feels low on energy, testosterone therapy can often be a game changer," says the highly experienced physician. "I would ask a patient, 'Have your workouts not been like they used to, or have you stopped seeing the gains that you were once getting?'"

"Often," he continues, "testosterone therapy can be the answer in such instances."

Testosterone is the primary hormone which governs a male's development from birth onward. It

is responsible for everything from determining gender and pubertal changes, to male potency and the partitioning of bodily muscle and fat distribution.

"If there's any doubt about your wellness, fitness, or testosterone levels, why not come by for a no-obligation assessment?" suggests Dr. Miranda, wrapping up.

Dr. David Miranda is an experienced medical professional with a particular drive to care for predominantly rural and medically under-served populations, including in South Mississippi where he has spent time working with strictly limited specialty back-up. This has subsequently led to Dr. Miranda's almost unrivaled expertise as an emergency locum physician. In close to 30 years, the doctor has spent time in California, New York, Mississippi, Texas, and elsewhere across the United States.

To discover more about Fit-Life MD, please visit <https://fit-lifemd.com/>.

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