

# Frank Lennix Discusses the Essentials of Studying Abroad

*Industry leader Frank Lennix explains how to effectively study abroad.*

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The opportunity to study abroad is an enlightening, once in a lifetime opportunity. Studying abroad can lead to a lifelong love of travel or simply provide an awesome experience for the traveler. The scholarly expectancies around the world are intriguing and vary from country to country. One of the most interesting aspects of studying abroad is everyone garners their own unique experience.

Therefore, Frank Lennix believes that there is great merit in study abroad programs. Yet, there are some essentials that [any student studying](#) abroad should be made aware of. Lennix has devised these essentials to ensure a positive and productive trip.



- **Comfortable Shoes**

Besides schoolwork, there will be sightseeing and a commute that is likely different than what students are accustomed to. That is why having comfortable shoes is so important. Students studying abroad will walk...a lot. Even with the best shoes, students have sore feet. However, the last thing a student wants is to miss something important because their feet were too destroyed to go. The only way to combat that is to get good, comfortable shoes. They are a lifesaver when it comes to studying abroad.

- **An Outlet Converter**

The world is interconnected by mobile devices and internet connections. Thus, when visiting a foreign country, having access to these devices is important. It will be needed to keep in touch with family and friends back home and in classes. After all, school is still school. While there are a lot of differences, the importance of technology is growing across the globe. Therefore, a person studying abroad is going to need to charge their devices. A new traveler might not be aware that all plugs throughout the world are not the same. That is why an outlet converter is necessary.

- **Journal**

Whether the journal is a spiral notebook or [in the form of a blog](#), keep a record of the time you spend abroad. Write about every experience while the thoughts and feelings are still fresh. This way, the memory will always be there, and you will be able to accurately describe it. The emotion is important to capture right away because that is the part that will truly bring a person back.

- A [Sense of Adventure](#)

Everything is new. The people, the places, the culture, the language and the atmosphere. Depending on where a student is studying abroad, it can feel as though they stepped into another plane of existence. Yet, this is a good thing. There is no amount of preparation that can truly prepare a person for studying abroad; nor should it. This should be an adventure. Therefore, the person studying abroad should bring their own sense of adventure. Do not hesitate to take the leap of faith and have fun, learn, and grow. After all, that is exactly why a person goes to study abroad.

In summation, there is nothing quite like being in another country. Having the ability to experience an entirely new portion of the world is an experience you will never forget. However, to enjoy the trip to the fullest, students do not want to be without these essentials.

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