

Free Pot for Veterans (basically!)

San Francisco Cannabis Dispensary, Bloom Room, is offering lab-tested medical-grade cannabis for \$1 to all Veterans this Veteran's Day

SAN FRANCISCO, CA, UNITED STATES,
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-- Free Pot for Vets (basically!)

Bay Area, California - San Francisco Cannabis Dispensary, [Bloom Room](#), is offering eighths of lab-tested medical-grade cannabis for \$1 to all Veterans this Veteran's Day. Dispensary Manager, Stephen Rechif, explains that for the first time in the dispensary's history, it is required to charge a dollar due to the new regulations. "We used to be able to give Veterans their eighths for free but that is not allowed with the new laws." The purpose of this donation is to honor the veterans who served this country but also to raise awareness about the benefits of medical cannabis for Veterans. Stephen adds, "As cannabis becomes more mainstream, there is no other group that can benefit more than our Veterans and our Seniors."



VETERANS DAY
EIGHTH FOR \$1

Bloom Room
PURVEYOR OF FINE CANNABIS
FOR ALL PAST OR PRESENT
SERVICEMEN AND WOMEN

*on 11/11/2018 with proof of service.

Bloom Room gives Veterans an Eighth for only \$1 on Veteran's Day

The poster features a stylized American flag with a blue field containing silhouettes of three soldiers. To the left is a red house icon with a white window and a blue flower. The text is in bold, blue and red fonts.

There are some more-obvious uses for Veterans to use medical cannabis like treating chronic pain, inflammation, and insomnia, but the greatest benefits actually come from treating PTSD. A common side effect of cannabis use that is widely experienced by cannabis users is that they rarely have vivid dreams. A strange side effect for your usual cannabis smoker but for someone who is reliving their time at war when they lay down for rest, this side effect can be a godsend. The National Center for PTSD states that a common symptom for those suffering from PTSD is recurring night terrors. In fact, one study conducted by the center showed that, "Of those with PTSD, 71 percent to 96 percent may have nightmares."

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Stephen Rechif

Quotes:

"We used to be able to give Veterans their eighths for free but that's not allowed with the new laws. We would rather give them away for free but our lawyer has advised us against that."
-Stephen Rechif, General Manager, Bloom Room (<http://www.bloomroomsf.com>)

"As cannabis becomes more mainstream, there is no other group that can benefit more than our Veterans and our Seniors." -Stephen Rechif, General Manager, Bloom Room (<http://www.bloomroomsf.com>)

"Those trauma survivors who get PTSD are even more likely to complain of nightmares. Nightmares are one of the 17 symptoms of PTSD. For example, a study comparing Vietnam Veterans to civilians showed that 52% of combat Veterans with PTSD had nightmares fairly often. Only 3% of the civilians in the study reported that same level of nightmares.

Other research has found even higher rates of nightmares. Of those with PTSD, 71% to 96% may have nightmares. People who have other mental health problems, such as panic disorder, as well as PTSD are more likely to have nightmares than those with PTSD alone." -[US Department of Veterans Affairs](https://www.ptsd.va.gov/understand/related/nightmares.asp) (<https://www.ptsd.va.gov/understand/related/nightmares.asp>)

Dr. Hans Hamburger, an expert in sleep studies says "By smoking weed, you suppress the REM sleep, and with that you also suppress a lot of important functions of that REM sleep. One of those functions is reliving the things you have experienced and coming to terms with them, as it were." - [From VICE](https://www.vice.com/en_us/article/7b7gn4/why-are-your-dreams-suddenly-so-intense-when-you-stop-smoking-weed-876) (https://www.vice.com/en_us/article/7b7gn4/why-are-your-dreams-suddenly-so-intense-when-you-stop-smoking-weed-876)

"Many studies have shown that cannabis use can result in reduced rapid eye movement (REM) sleep, the stage of sleep in which your most vivid dreams occur. Therefore, it stands to reason that medical cannabis may be able to alleviate the nightmares associated with PTSD." -Canabo Medical Clinic (<https://www.canabomedicalclinic.com/cannabis-can-help-treat-ptsd/>)

"If you're a Veteran who uses medical cannabis or a Veteran who is interested in using medical cannabis we implore you to visit the Bloom Room, 471 Jessie Street, in San Francisco, CA on Veterans Day, Sunday, November 11 to receive an eighth of cannabis for \$1." -Stephen Rechif, General Manager, Bloom Room (<http://www.bloomroomsf.com>)

Stephen Rechif



The cannabis given to Veterans is medical-grade and lab-tested for potency and purity.



Bloom Room's beautiful storefront dispensary located in downtown San Francisco.

Bloom Room
+1 619-889-5134
[email us here](#)
Visit us on social media:
[Facebook](#)

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