

After the Darkness: A Survivor's Story of Sexual Abuse and Violence

Overcoming the Nightmare to Living a Meaningful and Fulfilling Life

BARRINGTON, RHODE ISLAND, USA, November 28, 2018 /EINPresswire.com/ --

In her new book, [After the Darkness](#), Reverend Candace Nadine Breen, Ph.D., shares the personal details of her horrific story of abandonment, incest, rape, and assault, and the journey she traveled to overcome the negative impact it had on her life.

Abandoned by her mother as a young child, she was forced to live with her father, whose abusive conduct can only be imagined in our worst nightmares. As a result, throughout her young adult life, she dated abusers. When you grow up with an abuser, your "normal" state of mind means feeling unloved or unwanted. Victims may become embarrassed, depressed, or suicidal, and oftentimes, are bullied by others.

Many children don't survive these traumas, but Candace did. She was able to focus on school, eventually earning a metaphysics doctorate and becoming a Spiritualist Minister. Spiritualists believe that life doesn't end with death. Our spirit leaves our body and goes on to another density. Spiritualists believe that communication with spirits who have left their physical bodies is possible. They concentrate on the metaphysical aspects of our universe.

She focuses on helping others who have been abused, and will be launching a class, "Ten Tools for Your Healing Journey." She will also offer a private online support group for those seeking coaching for healing from all kinds of trauma.

Candace hopes that this book will encourage abused children and formerly abused adults to seek help. She is hoping her story will become a movie that reaches a wider audience and helps victims realize they are not alone and help is available. Candace states, "The more others are encouraged to speak up, the more people who can be helped. People need to recognize the signs of someone who is enduring abuse and trauma to better understand how to help. We need to talk about this more often, making it less of a taboo. Prevention is possible."

Candace is also the author of [The Infinite You: A Journey to Your Greater Self and Beyond](#), which teaches readers how to develop their internal strength and enrich their own lives via channeled messages and teachings from an entity calling itself "The Collective."

Candace owns [Awakened Path Books](#), a publishing company that also helps authors with their branding and marketing. Authors write about all things metaphysical, both fiction and nonfiction.

ABOUT REV. CANDACE NADINE BREEN, Ph.D.

Reverend Candace Nadine Breen lives in Barrington, Rhode Island. She is an ordained Spiritualist Minister and also holds an ordination as a Healing Minister (under the Church of Spiritual Humanism). She holds a Doctorate in Metaphysics, a Master of Science in Metaphysics, a Masters in Human Services, Marriage and Family, and a Bachelors in Secondary

Education/English. She continues to practice as a Healer, Medium, Channel, published author and artist. In addition to her current licenses and certifications, she is a certified Usui Shiki Ryoho Reiki Master Teacher and Animal Reiki Master Teacher. She hosts the "Candidly Candace Radio Show" and "Awakened Path Radio" on Blog Talk Radio. You can find more information on Candace and her books at www.CandaceNadineBreen.com.

Laurie Zoock

Publicist

+1 8137774908

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases. © 1995-2018 IPD Group, Inc. All Right Reserved.